



# PARKS AND RECREATION

www.victorny.org • Phone: (585) 742-0140 • Fax: (585) 742-0142

# ACTIVITY GUIDE

## FALL 2019



**Resident Registration Begins: Friday, August 23, 2019**

**Non-resident Registration Begins: Friday, August 30, 2019**



#### **DIRECTOR OF PARKS & RECREATION**

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#### **MISSION STATEMENT**

The Town of Victor Parks and Recreation Department is dedicated to offering ALL residents a balanced system of parklands, preservation of open space, and broad-based leisure opportunities that will foster growth of healthy lifestyles.

## Leisure Lines from the Director of Parks and Recreation

I would like to kick off this late summer note by thanking the members of the Victor Parks and Recreation for their efforts in leading our update of the community's Parks and Recreation Master Plan. The project involved a thorough review and analysis by Bayer Landscape Architecture of the existing conditions of our park and recreation system. Our project advisory team held several public outreach events, established an electronic survey to gain community feedback, and coordinated stakeholder group interviews to help us understand the needs and desires of our residents.

What were some of the major items that we heard?

- 90% of respondents to our community-wide survey want us to **pursue the evaluation of a town-owned recreation facility** verses continuing to lease our recreation space;
- 95% of respondents support expanding the community's sidewalks, shared use paths and trails to **promote connectivity**;
- The top five recreational needs identified at the public outreach events were **trails / bikeways, outdoor pool / splash park, nature center / pond, dog park and lodges / picnic shelters.**
- Community athletic stakeholder groups identified the desire for more **full-size soccer and lacrosse fields** and **artificial turf fields** to allow for a longer and more consistent season of play.

Our project advisory and consultant team used the winter and spring of this year to pull together an updated Parks and Recreation Master Plan that would guide the Department and Town Board in future planning and decision making tasks related to our system. Individual park goals and priorities were determined and a magnitude of probable cost was assigned to each improvement so that we could pursue capital funding for projects on an annual basis. Once the Town Board has formally adopted the "new" Parks and Recreation Master Update (late summer / early fall), we will look to make recommendations related to the many items identified by our residents! The plan is available on our website at [www.victorny.org](http://www.victorny.org). In closing, I would like to thank you for your ongoing support and commitment to enhance the quality of life in our community through your participation in our recreation programs. And as always, if there is a need...let us know and we will work to make it happen each and every day!

Sincerely,

Brian Emelson, CPRE, Director of Parks and Recreation



# FACILITY RENTALS

Are you looking for a place to hold a party or business meeting?

All reservations must be made in person at the Parks and Recreation Office at 7891 Lehigh Crossing, Victor, NY 14564.

Please contact us with any questions (585) 742-0140.

**\*\*\*PRICES ARE VALID THROUGH 12/31/19\*\*\***

| LOCATION                                       | CAPACITY | FEE: RESIDENT                   | FEE: NON-RES                     |
|--|----------|---------------------------------|----------------------------------|
| "Butler Cottage" at MaryFrances Bluebird Haven | 45       | \$60 Half Day<br>\$120 Full Day | \$70 Half Day<br>\$140 Full Day  |
| "The Lodge" at Victor Municipal Park           | 100      | \$90 Half Day<br>\$170 Full Day | \$115 Half Day<br>\$220 Full Day |
| Victor Municipal Park Rotary Pavilion          | 50       | \$40 Full Day Only              | \$50 Full Day Only               |
| Dryer Road Park Pavilion                       | 50       | \$40 Full Day Only              | \$50 Full Day Only               |

| PARKS & RECREATION OFFICE | CAPACITY | FEE: RESIDENT | FEE: NON-RES  |
|---------------------------|----------|---------------|---------------|
| Gymnasium (FULL)          | 400      | \$55 per hour | \$65 per hour |
| Gymnasium (HALF)          | 200      | \$30 per hour | \$40 per hour |
| Multipurpose Room (FULL)  | 60       | \$35 per hour | \$45 per hour |
| Multipurpose Room (HALF)  | 30       | \$20 per hour | \$30 per hour |

## RESERVATION POLICY

All reservations made on a Town of Victor Holiday are FULL DAY ONLY. From Memorial Day weekend through Labor Day (5/23/20 - 9/7/20) Saturday and Sunday reservations are FULL DAY ONLY.

# GENERAL INFORMATION

## CITIZENS' ADVISORY COMMITTEE

Gregory Richards, *Chair*; Liam Richards, *Vice Chair*; Bradford Bowers; Larry Fisher; Paul Moszak; Mark Robbins; Lisa Roberts; Gary Hadden, *Village Board Liaison*; David Tantillo, *Town Board Liaison*; Liam Richards, *Student Representative*.

## ACCESSIBILITY

The Town of Victor Department of Parks and Recreation values inclusiveness in its recreation programs, parks, facilities and ALL services we provide. The Department has several staff trained and certified as Inclusion Assessors and works in partnership with Rochester Accessible Adventures (RAA) and the Inclusive Recreation Resource Center (IRRC) at SUNY Cortland to ensure that we promote and provide access for ALL residents and visitors.

Our Staff appreciates learning about our participants' individual needs. Please don't hesitate to ask how we can best accommodate you in our programs. Contact our Inclusion Coordinator, Christine Winter, at (585) 742-0140.

Youth Programs funded in part by a reimbursement from the New York State Office of Children and Families served through the Ontario County Bureau.

## COMMUNITY SPORTS ORGANIZATIONS

Victor Parks and Recreation does not operate the following programs. However, we know parents are interested in the following names and numbers.

### Victor Community Baseball & Softball

President, Victor Little League: Richard Tucker  
www.victorbaseball.com or www.victorsoftball.com

### Victor Little League - Challenger Baseball

Victor Little League (VLL) is proud to offer Challenger Baseball. Challenger Baseball enables boys and girls with physical and mental challenges to enjoy the game of baseball.

Ray Sullivan (585) 507-7193  
Registration is available at the VLL website at www.victorbaseball.com

### Victor Soccer Club

President: Al Farrell, farrellbba@gmail.com  
www.victorsoccerclub.org

### Victor Junior Blue Devils (Football & Cheerleading)

President: Mike Riley  
www.VictorJrBlueDevils.com

### Victor Swim Club

VSC Program Director/Head Coach: Brett Leader  
bleader21@gmail.com  
www.VictorSwimClub.org

### Victor Blue Devils Youth Lacrosse

Youth Director: Andy Cooney  
acooney@rochester.rr.com 585-507-5828  
www.victorlax.com

### Victor Girls Youth Lacrosse

David Houghton  
www.leaguelineup.com/vgylax  
vgylax@gmail.com

# Special Events



## DRYER ROAD PARK CAMPGROUND

Change your perspective. Spend a night outdoors! Formerly known as the Dryer In movie, this event still has it all. Reserve your camping spot and enjoy all of the amenities this Campground has to offer. Inflatables for the kids, a guided hike, a camp store, the movie, Incredibles 2 at dusk, and a campfire with s'mores for the campers. What other camp site offers more?

**LOCATION:** Dryer Road Park, 7405 Dryer Road

**AGES:** For all ages

**DAY/DATE:** Saturday, 8/24/19

**TIME:** 6:30 PM - 9:00 AM

**FEE:** FREE

**PROGRAM #:** V819DC

**NOTE:** Must be registered for a spot to camp overnight.

### SPONSORED BY:



## 43RD ANNUAL HANG AROUND VICTOR DAY

Join us for some fall fun as we celebrate Victor and the diverse community activities and events held "around Town." Pick up a copy of our fall brochure, share some ideas with program staff and enjoy a special treat! Additional activities at the event include food, family music, contests and more! Sponsored by the Victor Chamber of Commerce.

**LOCATION:** Main Street in the Village of Victor

**DAY/DATE:** Saturday, 9/7/19

**TIME:** 10:00 AM - 5:00 PM

### SPONSORED BY:



## JACK-O-LANTERN TRAIL EVENT

Participate in the 13th annual Jack-O-Lantern Trail Event in Victor. **Carve a pumpkin and drop it off Victor Parks and Recreation, 7891 Lehigh Crossing, Victor on Saturday, Oct 19th from Noon - 3 PM.** Invite your friends and families to take a festive walk that same evening on one of Victor's trails. The trail will be lit by creative Jack-O-Lanterns. This is a fun event for the whole family. Enjoy the walk in the moonlight. The Lehigh Valley Trail is good for strollers and wheelchairs. Proudly display your pumpkin masterpiece and have fun searching for it on the trail. Receive a free ticket to this event when you drop off your Jack-O-Lantern. Sorry, no pets allowed.

\*The money raised will be donated to local charities including the Leukemia & Lymphoma Society, Victor Fire Department and Victor Hiking Trails.

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing

**AGES:** For all ages

**FEE:** \$4 adults, \$2 kids under 15, paid at the Trail Entrance

**DAY/DATE:** Saturday, 10/19/19

**TIME:** 7:00 - 8:30 PM

**NOTE:** In case of inclement weather, call 742-0140. (Rain date is Sunday, Oct 20th) The Lehigh Valley Trail will be closed between Wangum Road and Old Dutch Road 12:00 - 10:00 PM on 10/19/19

### SPONSORED BY:



# Special Events

## ONTARIO COUNTY ANTIQUE TOY SHOW/O.A.T.S

Come down on Sunday, October 20th 2019 for one the largest are antique toy shows. There will be dealer setup and early buying 2 – 6 PM Saturday, October 19. The full show will take place Sunday, October 20th 2019 from 10 AM – 3 PM. Purchase the 2 Day pass and come for early buying 8 – 10 AM on Sunday. Just a sample of what will be there: toys for all ages, sports cards, trains, Marx's toys, model kits, Hot Wheels, Tonka, Hubley, Dinky, cast iron, dolls, comic books and more. Feel free to bring to bring that toy to sell to one of the dealers. Food truck will be on site from 11 AM- 1 PM on Sunday, 10/20. Need table space to sell? Call Greg 585-739-9112 or email gmauctioneer@gmail.com

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing

**AGES:** All are welcome

**DAY/DATE:** Saturday, October 19, 2:00 – 6:00PM  
Sunday, October 20, 8:00 AM – 3:00PM

**FEE:** \$20 pass good for entire show and special buyer times both days  
\$5 pass for Sunday 10 AM – 3 PM only  
Children under 12 are free



## VPR HALLOWEEN TAILGATE TRICK OR TREAT

Don't miss a Halloween party for all to have fun. Sign up to give treats out of the trunk of your car. Decorate your vehicle and dress in costume. Children will then Trick or Treat in the parking lot out of the vehicles. This is also known as Trunk or Treat. Prizes will be awarded for best decorated car and theme. In addition to that The James Cooke American Legion Post 931 will be hosting a Halloween Party in the new Lodge. Pizza, drinks, and all kinds of fun and games will be happening at this one of a kind event

**LOCATION:** Victor Municipal Park Lodge, 6680 Papparone Drive, off of Brace Road

**AGES:** Everyone

**FEE:** FREE

**DAY/DATE:** Saturday, 10/26/19

**TIME:** 11:00 AM – 12:30 PM

**NOTE:** Please sign up as a Trick or Treater or a car to participate.



**SPONSORED BY:**

**RIEDMAN**  
COMPANIES  
DETAILS MAKE THE DIFFERENCE

## VETERANS APPRECIATION LUNCHEON

The Town of Victor and MVP Healthcare have partnered to show our veterans how much we appreciate them. A sit down luncheon will be served with a comedy show from the Combat Comedians. Please sign up you and your guest for the lunch. There is no charge but you must be a military veteran plus guest. You can bring a spouse, friend, neighbor, or anyone. Due to the popularity and limited amount of space, you should sign up early to get your spot. For more information, please call Mike Stockman, 585-742-0147.

**LOCATION:** Victor Town Hall, 85 East Main Street, Victor, NY

**AGES:** Veterans of all ages

**FEE:** NO CHARGE. PRE REGISTRATION REQUIRED

**DAY/DATE:** Wednesday, 11/13/19

**TIME:** 12:00 noon

**PROGRAM #:** V1119VAL



**SPONSORED BY:**

**MVP**  
HEALTH CARE

## BREAKFAST WITH SANTA AND FRIENDS

Join the Victor Lions Club and Santa. He will also be bringing friends along too! Enjoy a great morning breakfast and see Santa.

**LOCATION:** Victor Fire Department, 34 Maple Avenue

**AGES:** All

**DAY/DATE:** Saturday, 12/7/19

**TIME:** 9:00 – 11:00 AM



**SPONSORED BY:**



# Special Events



Follow us on Facebook  
(You can keep up to date by  
"liking" the Town of Victor or  
the Victor Parks & Recreation  
Facebook page. See pics from  
current programs and learn  
about upcoming programs &  
special events), or on Twitter @  
VictorParksRec for parks, programs  
and event photos and updates.



## CHRISTMAS IN THE VILLAGE OF VICTOR

Santa Claus is coming to town...in cooperation with the Parks and Recreation Department, Victor Chevrolet, LL Bean and others. Join your family and friends for a holiday celebration with music, food, costumed characters, activities, all situated throughout downtown Victor. Santa Claus will light the tree at Mead Square Park at 5:00 PM. Look for special coupons and maps.

**LOCATION:** Main Street Victor

**AGES:** Families are welcome

**FEE:** FREE

**DAY/DATE:** Saturday, 12/7/19

**TIME:** 10:00 AM – 5:00 PM

### SPONSORED BY:

*Wegmans*



## WREATHS ACROSS AMERICA

James Cooke American Legion Post 931 will be participating in this program where a Christmas wreath will be placed at the gravesite of every soldier buried in Victor's cemeteries. It was started in 2007.

*In 2008, over 300 locations held wreath-laying ceremonies in every state, Puerto Rico and 24 overseas cemeteries. Over 100,000 wreaths were placed on veterans' graves. Over 60,000 volunteers participated. And that year, December 13, 2008 was unanimously voted by the US Congress as "Wreaths Across America Day".*

*In 2014, Wreaths Across America and its national network of volunteers laid over 700,000 memorial wreaths at 1,000 locations in the United States and beyond, including ceremonies at the Pearl Harbor Memorial, as well as Bunker Hill, Valley Forge and the sites of the September 11 tragedies. This was accomplished with help from 2,047 fundraising groups, corporate contributions, and donations of trucking, shipping, and thousands of helping hands. The organization's goal of covering Arlington National Cemetery was met in 2014 with the placement of 226,525 wreaths.*

*The wreath-laying is still held annually, on the second or third Saturday of December. WAA's annual pilgrimage from Harrington, Maine to Arlington National Cemetery has become known as the world's largest veterans' parade, stopping at schools, monuments, veterans' homes and communities all along the way to remind people how important it is to remember, honor and teach.*

Locally, James Cooke Post 931 hopes to raise money enough to place wreaths on the over 500 gravesites in Victor. On December 14, The Legion will need helping hands, trucks in order to move and deliver the wreaths to the 3 local cemeteries. If you would like to assist this incredible initiative please contact Bob Haggett, bhaggett@frontiernet.net.

# Family Programs



## COMMUNITY CHORUS

If you enjoy singing, this is the program for you. Call Victor Parks & Recreation for more information (742-0140).

**LOCATION:** St. John's Lutheran Church, 888 Victor Egypt Road

**AGES:** Open to all ages

**INSTRUCTOR:** Vera Forster

**FEE:** Free

**DAYS/TIMES:** Tuesdays, 7:00 PM

**DATES:** Ongoing

## COMMUNITY POPS BAND

Dust off your musical instrument and join Victor's group of talented musicians. Family groups are welcomed. No auditions are necessary. Call Victor Parks & Recreation for more information (742-0140).

**LOCATION:** Victor Intermediate School Band Room, 953 High Street

**AGES:** Open to all ages

**INSTRUCTOR:** Paul Mangiamele

**FEE:** Free

**DAYS/TIMES:** Wednesdays, 7:00 PM

**DATES:** Ongoing

## VICTOR ART CLUB See page 33

## LEARN TO SKATE OPEN HOUSE

Start the skating season off right, the GCCC and Village Sports will be holding an open house. Come join the fun and try us out! Please RSVP by registering by Friday 9/13/19.

**LOCATION:** Village Sports, 2830 Baird Road, Fairport NY 14450

**AGES:** ALL

**FEE:** Free Lesson and Free Skate Rental

**INSTRUCTOR:** Pamela Warren & Friends

**TIMES:** 5:00 – 5:50 PM, 25 minute lesson with a 25 minute practice

**DATE:** Sunday 9/15/19

**PROGRAM #:** PW919OH



## BIRTHDAY PARTIES (MAY & JUNE)

Do you want to have your party with your friends at Victor Parks & Recreation? Package does not include cake. We offer 2 birthday party packages: Silver and Gold. The silver party includes 2 staff, 2 rooms with games and activities. The gold party includes 2 staff, 2 rooms, games and activities, paper products and utensils, tablecloths, 1 sheet pizza, drinks. 2 parents required to stay and help with supervision.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** All

**INSTRUCTOR:** VPR Staff

### Silver Package:

\$125/\$130 non-residents

Birthday Child and up to 14 friends, additional children are \$5 each

**PROGRAM#:** Silver2019Fall

### Gold Package:

\$165/\$170 non-residents

Birthday Child and up to 14 friends, additional children are \$5 each. Includes paper products and utensils, tablecloths, 1 sheet pizza, drinks.

**PROGRAM#:** Gold2019Fall

### DATES:

Call for availability (585) 742-0140. Please register at least (1) week in advance. Payment expected to hold your spot.

### DAYS/TIMES:

Saturdays or Sundays  
1:00 – 3:00 PM or 4:00 – 6:00 PM

# Family Programs



## FALL GUIDED HIKE SERIES

Join us as we embark on an adventure through our local Victor parks and trails to observe nature and “leaf peep”! The fall season in New York State has a lot to offer! 2019 fall foliage information and some park maps will be provided! Please wear comfortable shoes (hiking boots recommended) and bring a water bottle. All ages welcome. Children under 7 must be accompanied by an adult. Instructor will contact participants before the program starts to confirm meeting locations. Please dress for the weather as this program will run rain or shine!

- AGES:** All Ages
- INSTRUCTOR:** VPR Staff
- FEE:** \$5 per family, per hike
- TIMES:** 1:30 PM – 3:00 PM
- DAY/DATE:**

|                 |  |                          |
|-----------------|--|--------------------------|
| Saturday, 9/21  | Dryer Road Park                            | <b>PROGRAM#:</b> CW919GH |
| Saturday, 10/5  | Auburn/Lehigh Valley Trail                 | CW1019GH1                |
| Saturday, 10/26 | Boughton Park<br>(Parking passes included) | CW1019GH2                |

## OPEN HOUSE TRY HOCKEY FREE FOR A DAY

Start the skating season off right, the GCCC and Village Sports will be holding an open house. Come join the fun and try us out! Please RSVP by pre-registering.

- LOCATION:** Village Sports, 2830 Baird Road, Fairport NY 14450
- AGES:** ALL
- FEE:** Free
- INSTRUCTOR:** Pamela Warren & Friends
- TIMES:** 5:00 – 5:50 PM,  
25 minute lesson with a 25 minute practice
- DATE:** TBA
- PROGRAM#:** PW1019OH

## LETTERS TO SANTA

Victor Parks and Recreation has direct communication with the North Pole. Children who send their letters to Santa in care of Victor Parks and Recreation will receive a personal letter back from Mr. Claus. To ensure a speedy reply, letters should be received by Friday, December 6, 2019, please include your return address.

### SEND LETTERS TO:

Santa Claus  
C/O Victor Parks and Recreation  
7891 Lehigh Crossing Road  
Victor, NY 14564



# Preschool Programs



## TOT HORSEBACK RIDING LESSONS

Horseback riding lessons with Running Brook – for children ages 5 and under! Parent participation is recommended but not mandatory. This is a great way to introduce little ones to horseback riding! The love of animals starts at a very young age, and Running Brook believes that even the youngest of riders can achieve a feeling of accomplishment while working around and riding horses. Lessons are geared toward building confidence working around horses and while riding, and also having fun at the same time! Contact Debbie Barmaster, (585) 721 – 2309 with additional questions.

- LOCATION:** Running Brook, 2576 County Road 39, Bloomfield, NY 14469
- AGES:** Ages 5 and under
- INSTRUCTOR:** Debbie Barmaster & Running Brook Staff
- FEE:** \$120/\$130 non-residents  
\*\*\*This is an introductory rate for first time horseback riders participating at Running Brook.
- DATE:** August – December (Indoor facility for bad weather)
- DAY/TIME:** Four 1-hour sessions (Riding portion of each session is 30 minutes)  
Instructor will call to set up training days and times
- PROGRAM #:** DB819TR

# Preschool Programs



## LITTLE DRIBBLERS

Attention 4 and 5-year-old boys and girls. Come and begin to learn the fundamentals of basketball while having fun! You can come be a part of a team and begin to dribble, pass and shoot. Class size is limited so sign up early.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing Rd

**AGES:** 4 & 5 year olds

**INSTRUCTOR:** Coach Steve & VPR Staff

**FEE:** \$36/\$46 non-residents (7 classes)

**DAYS/DATES:** Tuesdays, 9/10 – 10/22/19

**TIMES:**

4:00 – 5:00 PM

5:00 – 6:00 PM

**PROGRAM #:**

V919LD4

V919LD5

## COME-N-PLAY

Come and enjoy the Victor Parks & Recreation Gym and all the fun things you can do there. Balls, blocks, scooters, noodles and more. Bring your child and come and play – stay for the whole time or just a while. An adult must accompany and supervise children. Sneakers are required for both child and adult.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing Rd

**AGES:** Preschoolers with a supervising adult

**INSTRUCTOR:** VPR Staff

**FEE:** \$6/\$12 non-residents per family per session.

**TIME:** Wednesdays: 10:00 AM – 12:00 PM

Thursdays: 10:00 AM – 12:00 PM

**DAY:**

**DATES:**

Wednesdays

9/11 – 10/16/19

Thursdays

9/12 – 10/17/19

Wednesdays

10/23 – 12/4/19

(no class 11/27)

**\*NOTE:** Costume parade on 10/30/19

Thursdays

10/24 – 12/5/19

(no class 11/28)

**\*NOTE:** Costume parade on 10/31/19

**PROGRAM #:**

V919CPW

V919CPT

V1019CPW

V1019CPT

## SUPER STICKS LACROSSE – BOX VERSION

Attention 4 and 5-year-old boys and girls. Come and begin to learn the fundamentals of Lacrosse while having fun! You can come be a part of a team and begin to scoop, pass and shoot. Class size is limited so sign up early.

**LOCATION:** Dryer Road Park Box Rink, 7405 Dryer Road

**AGES:** 4 & 5 year olds

**INSTRUCTOR:** Coach Steve & VPR Staff

**FEE:** \$35/\$45 non-residents (6 classes)

**DAYS/DATES:** Wednesdays, 9/18 – 10/23/19

**TIMES:**

4:00 – 5:00 PM

5:00 – 6:00 PM

**PROGRAM #:**

V919SL4

V919SL5

## BUTTERFLY KIDS YOGA

A great kid's yoga class in a nurturing environment. Classes are active and fun, with age-appropriate yoga poses, great music, group activities and more. Develops strength, balance, coordination and flexibility. Equal focus on kindness, gratitude and self-calming techniques. Yoga mats are provided.

**LOCATION:** Victor Parks & Recreation

**AGES:** 3 – 5 year olds

**DAY/TIME:** Thursdays, 10:00 – 10:45 AM

**INSTRUCTOR:** Miss Ali, Butterfly Kids Yoga

**DATES:**

**FEES:**

**PROGRAM #:**

9/19 – 10/24 (5 weeks)

\$55/\$65 NR

AP919BY

(no class 10/10)

11/7 – 12/19 (6 weeks)

\$66/\$76 NR

AP1119BY

(no class 11/28)

## PEPPY PINT SOCCER

Meet up with other kids just like you for running, laughing and smiling! Foundational soccer skills plus teamwork, sharing and sportsmanship for even our tiny athletes!

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing Rd

**AGES:** 2 – 4 year olds,

with adult participation for 2 year olds

**INSTRUCTOR:** Mary Slaughter

**DAY:** Mondays

**DATES:**

**TIME:**

**FEE:**

**PROGRAM #:**

9/23–10/28/19 10:15–10:50 AM \$49/\$54 NR

MS919PSA

(no class 10/14)

9/23 – 10/21/19 5:00 – 5:40 PM \$44/\$49 NR

MS919PSP

(no class 10/14)

## HIGH-FIVE GAMES

Keep the summer fun going with friends to play tag, redlight/greenlight and duck, duck, goose! Learn all those good fundamentals of throwing, kicking, running and jumping with other happy kids likes you!

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing Rd

**AGES:** 3 – 6 year olds

**INSTRUCTOR:** Mary Slaughter

**FEE:** \$49/\$59 non-residents (5 classes)

**DAY/TIME:** Mondays, 12:45 – 1:30 PM

**DATES:** 9/23 – 10/28/19 (no class 10/14)

**PROGRAM #:** MS919HFG

# Preschool Programs

## ONCE UPON A TUNE MUSIC TOGETHER®

An innovative approach to early childhood music learning based on the premise that all children are inherently musical. Children explore and express music alongside their most important role models; parents, caregivers and teachers. Nurture your child's natural enthusiasm for music and movement during this early childhood stage of most rapid growth.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing Rd

**AGES:** Newborns – Age 5 with Adult, siblings under 8 months free

**INSTRUCTOR:** Yelena Shapiro

**FEE:** \$110/\$120 non-residents, additional child over 8 months \$75 register infants under 8 months (free with sibling) +\$42 Additional Materials fee payable to Yelena Shapiro (Once Upon A Tune) on 10/2. Includes CD, songbook & parent education resources.

**9/24/19 FREE DEMO CLASS—please register if you plan to attend**

**DAYS:** Tuesdays (10 classes)

|                   |                    |                   |
|-------------------|--------------------|-------------------|
| <b>DATES:</b>     | <b>TIMES:</b>      | <b>PROGRAM #:</b> |
| 9/24/19 FREE DEMO | 10:30 – 11:15 A.M. | YS919MAD          |
| 10/1 – 12/3/19    | 10:30 – 11:15 A.M. | YS1019MA          |

(No class 11/26)

(makeup class 12/10)

|                   |                |          |
|-------------------|----------------|----------|
| 9/24/19 FREE DEMO | 5:30 – 6:15 PM | YS919MPD |
| 10/1 – 12/3/19    | 5:30 – 6:15 PM | YS1019MP |

(No class 11/26)

(makeup class 12/10)

## BABY BLADES – THURSDAYS

This class is designed to get kids excited about getting on the ice! For itty bitty "Learn to Skaters".

**LOCATION:** Village Sports, 2830 Baird Road, Fairport

**AGES:** 18 months – 3 years old

**INSTRUCTOR:** Pamela Bossar Warren & Friends

**FEE:** \$56/\$66 non-residents +\$17.25 USF LTS yearly registration fee payable to GFSC +\$4 daily skate rental fee payable each week to the rink

**DAY/TIMES:** Thursdays, 9:30– 10:20 AM, 25 minute lesson with 25 minute practice

|                                  |                   |
|----------------------------------|-------------------|
| <b>DATES:</b>                    | <b>PROGRAM #:</b> |
| 9/26 – 10/31/19                  | PW919BBT          |
| 11/7 – 12/19/19 (no class 11/28) | PW1119BBT         |



## GENUINE GYMNASTICS

Right side up or upside down, put all that energy to good use by tumbling, running and jumping with friends! Use mini-tramps, parallel-bars, beams and new foam mats to build upper body strength! Plus, vaulting and running to build coordination and agility! Just the right gross motor activity needed for a growing, healthy body! Curriculum designed to build on skills with new activities introduced in each session. These progressive, beginner skills use gymnastic apparatus to build upper and lower body strength in both girls and boys alike! There is no better sport for promoting coordination, strength and agility! Plus we have lots of fun tumbling games and activities safe enough to try at home! Right-side up or upside down, tumbling is too much fun to miss!

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** 5 – 8 years old

**INSTRUCTOR:** Mary Slaughter

**FEE:** \$59/\$64 non-residents (5 classes)

**DAYS/TIMES:** Thursdays, 4:00 – 4:50 PM

|                                  |                   |
|----------------------------------|-------------------|
| <b>TIMES:</b>                    | <b>PROGRAM #:</b> |
| 9/26 – 10/24/19                  | MS919GG           |
| 11/7 – 12/12/19 (no class 11/28) | MS1119GG          |

\*\*School-age kids can arrange for transport on the Duck Bus to Rec. Center right from school



## GENUINE GYMNASTICS ADVANCED

This class is extra skill building time for kids enrolled in BOTH Genuine Gymnastics from 4:00 – 4:50 and this class. Gymnasts must be able to do cartwheels and bridges and have considerable upper body strength. We will have lots of fun upside down while progressing to higher level tricks! Small group size – limited spots available.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** 5 – 8 years old

**INSTRUCTOR:** Mary Slaughter

**FEE:** \$59/\$64 non-residents (5 classes)

**DAYS/TIMES:** Thursdays, 4:50 – 5:25 PM

|                                  |                   |
|----------------------------------|-------------------|
| <b>DATES:</b>                    | <b>PROGRAM #:</b> |
| 9/26 – 10/24/19                  | MS919GA           |
| 11/7 – 12/12/19 (no class 11/28) | MS1119GA          |

### Resident Registration Begins:

Friday, August 23, 2019

### Non-residents Registration Begins:

Friday, August 30, 2019

Programs beginning before September 23, 2019 are open to everyone for registration NOW.

# Preschool Programs

## BUMPER BOWLING

Join the excitement as your child knocks down pins. Bumpers will assist the ball towards the target, the pins. One game played. Parent/guardian must assist the child. Shoe rental included. Please list lane mates on registration form (3 children maximum per lane.) Space is limited bowling begins promptly at specified times. Please arrive 15 minutes early to get shoes, ball, etc.

**LOCATION:** Roseland Bowl,  
4357 Recreation Drive, Canandaigua, NY 14424

**AGES:** 3 – 6 year olds

**INSTRUCTOR:** VPR Staff

**FEE:** \$10/\$13 non-residents per session

**DAYS/TIMES:** Fridays, 9:45 – 10:45 AM

**DATES:**

9/27/19

11/1/19

**PROGRAM #:**

V919BB

V1119BB

## BABY BLADES – SUNDAYS

This class is designed to get kids excited about getting on the ice! For itty bitty “Learn to Skaters”.

**LOCATION:** Village Sports, 2830 Baird Road, Fairport

**AGES:** 18 months – 3 years old

**INSTRUCTOR:** Pamela Bossar Warren & Friends

**FEE:** \$84/\$94 non-residents  
+ \$17.25 USF LTS yearly registration fee payable to GFSC  
+ \$4 daily skate rental fee payable each week to the rink

**DAY/TIMES:** Sundays, 3:00 – 3:50 PM

(25 minute lesson and then 25 minute practice)

**DATES:**

9/29 – 11/3/19

• Please note 10/6 class time will move to 4:30 – 5:20pm Rink Adjustment

11/10 – 12/15/19

**PROGRAM #:**

PW919BBS

PW1119BBS

## BABYSITTERS TRAINING CLASS

Taught through classroom discussion, instructor lecture and supplemented by an interactive video presentation; this 5 hour class for boys & girls ages 11 and older, teaches participants the roles and responsibilities of a babysitter and includes skills in: accident prevention, first aid and abdominal thrusts for choking victims. Each student will receive a workbook and a certification card upon completion. **Students are asked to bring a SASE (self-addressed stamped envelope) to class along with a bagged lunch.** You must be registered to participate. Program is limited to the 30 participants.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** 11 years of age and over

**INSTRUCTOR:** EPIC staff

**FEE:** \$63/\$66 non-residents

**DAY/DATE:** Friday, 10/11/19

**TIMES:** 9:00 AM – 2:00 PM

**PROGRAM #:** EP1019BS

## HOME ALONE SAFETY CLASS

This 2 hour class designed to teach children ages 7-12, who are home alone the importance of behaving responsibly. Topics include but are not limited to: basic first aid tips, what to do when a stranger comes to the door, answering the telephone, internet safety and how to react during a variety of miscellaneous emergencies such as power outages and fires. Knowing when your child is ready to stay home alone is a difficult decision; preparation can make the transition much easier for you & your child.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** 7 years of age and older

**INSTRUCTOR:** EPIC staff

**FEE:** \$33/\$36 non-residents

**DAY/DATE:** Friday, 10/11/19

**TIMES:** 2:00 – 4:00 PM

**PROGRAM #:** EP1019HA

## INTRO TO ICE SKATING AND YOUTH HOCKEY

A fun, safe, basic introduction to the sport of ice skating and hockey for new and/or inexperienced skaters. Emphasis will be on balance, forward skating, becoming comfortable on the ice, and having fun! Helmet, hockey pants, and protective pads are provided for use through Perinton Youth Hockey (players need to provide their own skates).

**LOCATION:** Rochester Ice Center (RIC) formerly Thomas Creek Ice Arena

**AGES:** 4 – 8 years

**INSTRUCTOR:** Perinton Youth Hockey Coaches and RIC Staff

**FEE:** \$80/\$90 non-residents

**DAY/TIMES:** Saturdays, 9:00 – 10:00 AM

**DATES:**

10/19 – 12/21/19

(No Program: 11/2, 11/23, 11/30)

1/4/20 – 2/22/20

**PROGRAM #:**

PY1019YH

PY120YH



# Preschool Programs



## PEPPY PINT SOCCER PLUS

Fun, foundational sports for your tot! Continue soccer skills and try those little hands at lacrosse and tumbling! Lessons and games are designed to introduce and progress skills for happy little athletes! Meet some new friends or bring some along! Adult participation required. Continue soccer skills and try those little hands at lacrosse and tumbling! Lessons and games are designed to introduce and progress skills for happy little athletes! Meet some new friends or bring some along! Adult participation required.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** 2 - 4 year olds

**INSTRUCTOR:** Mary Slaughter

**FEE:** \$49/\$54 non-residents (5 classes)

| DAY:                    | TIME:          | DATES:          | PROGRAM #: |
|-------------------------|----------------|-----------------|------------|
| Mondays                 | 10:15-10:50 AM | 11/4 - 12/16/19 | MS1119PSM  |
| (no class 11/11 & 12/2) |                |                 |            |
| Thursdays               | 5:30 - 6:10 PM | 11/7 - 12/12/19 | MS1119PST  |
| (no class 11/28)        |                |                 |            |



## FESTIVE ART FOR TOTS

Try an art class to learn colors, textures and for fun! Parent participation for required only for 2 year olds. Colorful projects to celebrate the holidays with lots of paint, glue, glitter and more- and leave the mess behind! A new masterpiece each week. Please \$10 for supplies to instructor on first day of class!

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** 2 - 6 years old

**INSTRUCTOR:** Mary Slaughter

**FEE:** \$36/\$41 non-residents (5 classes)

**DAYS/DATES:** Mondays, 11/4-12/16/19 (no class 11/11 & 12/2/19)

| TIME:            | PROGRAM #: |
|------------------|------------|
| 10:55 - 11:35 AM | MS1119FAA  |
| 1:30 - 2:10 PM   | MS1119FAP  |

## HIGH-FIVE FALL SPORTS

This new class offers smiles and fun as we progress our way through the fundamentals of sports basics! Kids will learn catching, throwing, kicking, scoring and tumbling as we game-play with the sports of Soccer, Lacrosse and Football! Plenty of running and jumping included as we try out teamwork, sharing and sportsmanship! Every week something new to try from now until winter! Come and discover your favorite! Want to stay for the Festive Art class? New this session, teacher can escort instead of parents returning between classes.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** 3 - 6 year olds

**INSTRUCTOR:** Mary Slaughter

**FEE:** \$49/\$54 non-residents (5 classes)

**DAY/TIME:** Mondays, 12:45 - 1:30 P.M

**DATES:** 11/4 - 12/16/19 (no class 11/11 & 12/2)

**PROGRAM #:** MS1119HF

## LITTLE STRIKER SOCCER STARS

Learn the fundamentals of soccer learning to kick, head and pass during a fast paced indoor soccer game.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** 4 & 5 year olds

**INSTRUCTOR:** Coach Steve and VPR Staff

**FEE:** \$35/\$45 non-residents (6 classes)

**DAYS/DATES:** Mondays, 11/4 - 12/16/19 (no class 11/11)

| TIME:          | PROGRAM #: |
|----------------|------------|
| 4:00 - 5:00 PM | V1119SS4   |
| 5:00 - 6:00 PM | V1119SS5   |

## KINGS & QUEENS OF THE COURT

Learn the fundamentals of volleyball learning to bump, set and spike. Equipment sized for their level.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** 4 & 5 year olds

**INSTRUCTOR:** Coach Steve and VPR Staff

**FEE:** \$35/\$45 non-residents (6 classes)

**DAYS/DATES:** Tuesdays, 11/5 - 12/10/19

| TIME:          | PROGRAM#: |
|----------------|-----------|
| 4:00 - 5:00 PM | V1119KQ4  |
| 5:00 - 6:00 PM | V1119KQ5  |

## TUMBLING TIGERS

Grow strong this fall by tumbling! These progressive, beginner skills use gymnastics apparatus to build upper and lower body strength in girls and boys alike! There is no better sport for promoting coordination, strength and agility. Plus we have lots of fun playing tumbling games and active safe activities that you can do at home! Right-side up or up-side down, tumbling is too much fun to miss!

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** 2 ½ - 6 year olds

**INSTRUCTOR:** Mary Slaughter

**FEE:** \$59/\$64 non-residents (5 classes)

**DAY/TIME:** Thursdays, 2:00 - 2:45 PM

**DATES:** 11/7 - 12/12/19 (no class 11/28)

**PROGRAM #:** MS1119TT



# VPR RECREATIONAL



(VPR-RAP)

## AFTERSCHOOL PROGRAM

FALL 2019

Victor Parks and Recreation will be running an afterschool program for 25 kids for the 2019-2020 school season.

Sign up your child for the after school program and be able to take advantage of the other course offerings.

Join Victor Parks and Recreation for some fun, games and activities after school. Wear sneakers for active games. Bring a snack.

**NOTE:**

The Duck Bus can take the kids from school to Parks and Recreation

**LOCATION:**

Victor Parks & Recreation, 7891 Lehigh Crossing Rd

**AGES:**

K - 6th Graders

**INSTRUCTOR:**

VPR Staff

**DAYS:**

Mondays - Fridays

**DATES:**

September 3, 2019 to the last day of school June 2020. No VPR-RAP during VCS holidays, superintendent days, snow days and half days. See Recess Trip programs for most non-V-RAP days

**TIMES:**

3:45 - 6:00 PM

**FEES:**

\$15/\$17 non-residents per day if paid BEFORE the 1st of the month

\$16/\$18 non-residents per day if paid ON or AFTER the 1st of the month

**PROGRAM #:**

V-RAP2019-20

Please see VPR-RAP packet at Victor Parks & Recreation for more information.

# Youth Programs

## HORSEBACK RIDING LESSONS

The Running Brook horseback riding lesson program introduces riders of all abilities to the challenges and responsibilities of taking care of horses under the supervision of a qualified instructor and assistants. Our program provides a balance between mounted instruction, discussion, and demonstrations. Each participant will receive a riding lesson every session. Riding instruction will be geared toward each individual's needs. Students will also learn many aspects of horse care, including grooming and much more! The overall priorities of the Running Brook riding program are safety, fun and skill advancement. Horses can help us accomplish many of our goals: self-confidence, leadership, respect, responsibility and compassion. Horses also provide excitement, freedom, adventure, and friendship. Our stable offers a very engaging and effective experience for growth and learning. Contact Debbie Barmaster, (585) 721 - 2309 with additional questions.

**LOCATION:** Running Brook, 2576 County Road 39, Bloomfield, NY 14469

**AGES:** Ages 6 & up

**INSTRUCTOR:** Debbie Barmaster & Running Brook Staff

**FEE:** \$160/\$170 non-residents

\*\*\*This is an introductory rate for first time horseback riders participating at Running Brook.

**DATE:** August - December (Indoor facility for bad weather)

**DAY/TIME:** Four 1.25-hour sessions (Riding portion of each session is 30 minutes)

Instructor will call to set up training days and times

**PROGRAM #:** DB819HR

## SPORTASTIC

Learn skills and play games in three exciting sports, soccer, flag football and floor hockey. Space is limited.

**NOTE:** For the 4:00 PM class, the Duck Bus can take the kids from school to Parks and Recreation

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing Road

**AGES:** K - 2nd Grade

**INSTRUCTOR:** Coach Steve and VPR Staff

**FEE:** \$45/\$55 non-residents (7 classes)

**DAYS/DATES:** Mondays, 9/9 - 10/28/19 (no class 10/14)

**TIMES:**

4:00 - 5:00 PM

5:00 - 6:00 PM

**PROGRAM #:**

V919S4

V919S5

## LEGO AFTER SCHOOL CLUB

Join us for the Lego After School Club program for boys and girls. Using our imaginations and creativity we will explore, invent and construct new patterns, original objects, creatures and much more. We will play games with Legos and weekly handouts will be sent home. This class will develop teamwork, creativity and problem-solving. Every child will bring home a mini figure at the end of the session. Maximum of 15 kids, so sign up early! The Duck Bus can take the kids to the Parks and Rec, please write a note. Do not forget to bring a snack.

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing

**AGES:** Boys and Girls Grade K - 3rd

**INSTRUCTOR:** Sharon Mikulec

**FEE:** \$50/\$60 non-residents (6 weeks)

**DAY/TIME:** Mondays, 4:00 - 5:15 PM

**DATES:**

9/9 - 10/21/19 (no class 10/14)

10/28 - 12/9/19 (no class 11/11)

**PROGRAM #:**

SM919LC

SM1019LC

# Youth Programs

## AFTER SCHOOL ART WITH MR. MARSHALL

In this program kids will explore materials and expand their creativity. We'll paint and build with clay. We'll draw, fold and cut our way through experiences designed to challenge thinking and problem solving skills. But most of all we will have fun. This program is offered to kids in 1st – 6th (6 – 12 yrs) and is instructed by a familiar face: Mr. Marshall, Primary School Art teacher. We will gather in his art room, (# 125 Primary School) after school from 3:30 – 5:00 PM each Tuesday or Wednesday. Bring a snack.

**LOCATION:** Victor Primary School, Room #125

**AGES:** Grades 1st – 6th (6 – 12 years of age)

**INSTRUCTOR:** Mr. Marshall, Victor Central School Art Teacher

**FEE:** \$85 per person per session/\$95 non-residents  
+\$35 materials fee payable to instructor first day of class

**TIME:** 3:30 – 5:00 PM, Please meet at Mr. Marshalls room #125 Primary School.

**DAY:** **DATES:** **PROGRAM #:**

### SESSION 1

Tuesdays 9/10 – 10/29/19 IM919TA

Wednesdays 9/11 – 10/30/19 IM919WA

### SESSION 2

Tuesdays 11/5/19 – 1/14/20 IM1119TA

(no class 11/26, 12/24 & 12/31)

Wednesdays 11/6/19 – 1/15/20 IM1119WA

(no class 11/27, 12/25 & 1/1/20)

## GYM GAMES

Come play at Victor Parks & Recreation. What kid doesn't like the gym? The Duck Bus can take the kids from school to Parks and Recreation n. Please write a permission note to your child's teacher for this to occur. Bring a small snack.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** K – 3rd Graders

**INSTRUCTOR:** VPR Staff

**FEE:** \$10/\$13 non-residents

**DAY/DATE:** Thursday, 9/12/19

**TIMES:** 3:45 – 5:30 PM

**PROGRAM #:** V919GG

## JUMP SPIN AND SPIRAL

Come learn to Jump, spin and spiral on the ice like an Olympian.

**LOCATION:** Polisseni Arena at RIT,  
200 Lomb Memorial Dr, Rochester, NY 14623

**AGES:** 5 – 18 years

**INSTRUCTOR:** Pamela Warren & Friends

**FEE:** \$115/\$125 non-residents (7 weeks)  
+ \$17.25 USFS dues payable to GFSC

**DAY/TIMES:** Wednesdays, 6:00 – 7:00 PM

**DATES:** **PROGRAM #:**

9/18 – 10/30/19 PW919JS

11/6 – 12/18/19 PW1119JS

## PAPER FOOTBALL

Do you have what it takes to play table top paper football? Come challenge your friends to some football. The Duck Bus can take the kids from school to Parks and Recreation n. Please write a permission note to your child's teacher for this to occur. Bring a small snack.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** 1st – 6th Grade

**INSTRUCTOR:** Steve Hendrickson

**FEE:** \$10/\$13 non-residents

**DAY/DATE:** Thursday, 9/19/19

**TIMES:** 3:45 – 5:30 PM

**PROGRAM #:** V919PF

## PAPER AIRPLANES

Learn to make all sorts of planes with instructor Steve. The Duck Bus can take the kids from school to Parks and Recreation n. Please write a permission note to your child's teacher for this to occur. Bring a small snack.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** 1st – 6th Graders

**INSTRUCTOR:** Steve Hendrickson

**FEE:** \$10/\$13 non-residents

**DAY/DATE:** Friday, 9/20/19

**TIMES:** 3:45 – 5:30 PM

**PROGRAM #:** V919PA



## FALL GUIDED HIKE SERIES

Join us as we embark on an adventure through our local Victor parks and trails to observe nature and "leaf peep"! The fall season in New York State has a lot to offer! 2019 fall foliage information and some park maps will be provided! Please wear comfortable shoes (hiking boots recommended) and bring a water bottle. All ages welcome. Children under 7 must be accompanied by an adult. Instructor will contact participants before the program starts to confirm meeting locations. Please dress for the weather as this program will run rain or shine!

**AGES:** All Ages

**INSTRUCTOR:** VPR Staff

**FEE:** \$5 per family, per hike

**TIMES:** 1:30 PM – 3:00 PM

**DAY/DATE:** **LOCATION:** **PROGRAM#:**

Saturday, 9/21 Dryer Road Park CW919GH

Saturday, 10/5 Auburn/Lehigh Valley Trail CW1019GH1

Saturday, 10/26 Boughton Park CW1019GH2

(Parking passes included)

### Resident Registration Begins:

Friday, August 23, 2019

### Non-residents Registration Begins:

Friday, August 30, 2019

Programs beginning before September 23, 2019 are open to everyone for registration NOW.

# Youth Programs

**New!**

## **RUNNING CLUB FALL 2019**

Don't stop running just because summer is over! We will make tracks running for time, distance and fun! Set goals and reach them! Try new running games with other speedy kids like you including "Move the Mountain" and "Break the tape". Better running technique is great for every sport and all kids who just love running. Outdoors and indoors (weather permitting). Transport on Duck Bus available, contact school.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** 5 – 8 year olds

**INSTRUCTOR:** Mary Slaughter

**FEE:** \$44/\$49 non-residents (4 classes)

**DAY/TIME:** Mondays, 4:00 – 4:45 PM

**DATES:** 9/23 – 10/21/19 (no class 10/14)

**PROGRAM #:** MS919RC

**New!**

## **MINI MAKERS ART CLASS**

Join us for a fun a creative way to let your little makers make some amazing things. Using various textiles from nature, kids will make new project every week including custom painted hiking sticks, felted soap, seed bombs, fairy or gnome homes and much more! Students will be able to learn resourcefulness as well as creativity without having to run to the craft store- but by using what's in own own back yard! New projects each week.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** Grades 2 – 6

**INSTRUCTOR:** Julie Iwankow

(local artist, owner of Eternally Inspired Studio)

**FEE:** \$75/\$85 non residents

+\$30 materials fee payable to the instructor on the first class

**DAYS/TIMES:** Thursdays, 4:00-5:15 PM

**DATES:** 9/26 – 11/7/19 (no class 10/31)

**PROGRAM #:** JI919MM

## **GAME INVENTOR**

Come play at Victor Parks & Recreation. Turn off those video games and get back to basics. Create your own game out of everyday materials, play and take it home. Who knows maybe Milton Bradley or Hasbro might come calling? The Duck Bus can take the kids from school to Parks and Recreation n. Please write a permission note to your child's teacher for this to occur. Bring a small snack.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** K – 6th grade

**INSTRUCTOR:** VPR Staff

**FEE:** \$10/\$13 non-residents

**DAYS/DATE:** Friday, 9/27/19

**TIMES:** 3:45 – 5:30 PM

**PROGRAM #:** V919GI

## **LEARN TO SKATE**

The Learn to Skate Program is based on the highly successful basic skills program developed by LTS USA. This beginning ice skating program is fun, challenging and rewarding. The curriculum is designed to keep skaters enthusiastic about learning from the time they begin lessons until the time they reach their goals. This great beginning program serves the needs of recreational and aspiring competitive skater as well as providing foundation skating skills for hockey skaters. Students will learn forward and backward stroking, stopping, turning, jumping and spinning. Skaters develop increased confidence, enhanced self-esteem, and athletic skill as they master each new move. This experience can enhance coordination, balance, flexibility, physical fitness and sportsmanship. 6 week program

**LOCATION:** Village Sports, 2830 Baird Road, Fairport NY 14450

**AGES:** 5 years – 17 years

**INSTRUCTOR:** Pamela Warren & Friends

**FEE:** \$84/\$94 non-residents (6 weeks)

+ \$17.25 USFS yearly dues payable to GFSC

+ \$4 daily skate rental fee payable each week to the rink

**DAY/TIMES:** Sundays, 4:30 – 5:20 PM

(25 minute lesson with a 25 minute practice)

**DATES:**

9/29 – 11/3/19

•Please note 10/6 class time will move to 4:30 – 5:20 PM Rink Adjustment

11/10 – 12/15/19

**PROGRAM #:**

PW919LS

PW1119LS

## **BEGINNER GUITAR CLASS GROUP SESSION**

Guitar is fun and great way to enjoy and play music! Our workshop is for the beginner who has always wanted to learn the basics of guitar playing. We will teach you guitar basics, commonly used chords and get you started! Please bring your own guitar. Call us in advance if you are going to need one.

**LOCATION:** Victor Music Experience,

27 East Main Street, Victor

**AGES:** 10 and older

**FEE:** \$120/\$130 non-residents

**DAYS/TIMES:** Thursdays, 4:30 – 5:30 PM

**DATES:** 10/10 – 11/14/19

**PROGRAM #:** ME1019BG

## **BOARD GAMES**

Come play at Victor Parks & Recreation. Turn off those video games and get back to basics. The Duck Bus can take the kids from school to Parks and Recreation. Please write a permission note to your child's teacher for this to occur.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** K – 6th grade

**INSTRUCTOR:** VPR Staff

**FEE:** \$10/\$13 non-residents

**DAYS/TIMES:** Friday, 3:45 – 5:30 PM

**DATES:** 10/25/19

**PROGRAM #:** V1019BG

# Youth Programs

## VIDEO ARCADE

Come play at Victor Parks & Recreation. Turn on those video games and get back to basics try Wii, Nintendo 64, Play Station 2, X Box or maybe even some old Atari.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** K – 6th grade

**INSTRUCTOR:** VPR Staff

**FEE:** \$12/\$15 non-residents

**DAY/DATE:** Saturday, 10/12/19

**TIMES:** 4:00 – 9:30 PM

**PROGRAM #:** V1019VA

## ORIGAMI

Learn the ancient art of paper folding with instructor Steve. You will be able to make a variety of creatures and things. The Duck Bus can take the kids from school to Parks and Recreation. Please write a permission note to your child's teacher for this to occur.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** 1st – 6th Graders

**INSTRUCTOR:** Steve Hendrickson

**FEE:** \$10/\$13 non-residents

**DAY/DATE:** Friday, 10/18/19

**TIMES:** 3:45 – 5:30 PM

**PROGRAM #:** V1019O

## INTRO TO ICE SKATING AND YOUTH HOCKEY

A fun, safe, basic introduction to the sport of ice skating and hockey for new and/or inexperienced skaters. Emphasis will be on balance, forward skating, becoming comfortable on the ice, and having fun! Helmet, hockey pants, and protective pads are provided for use through Perinton Youth Hockey (players need to provide their own skates).

**LOCATION:** Rochester Ice Center (RIC) formerly Thomas Creek Ice Arena

**AGES:** 4 – 8 years

**INSTRUCTOR:** Perinton Youth Hockey Coaches and RIC Staff

**FEE:** \$80/\$90 non-residents

**DAY/TIMES:** Saturdays, 9:00 – 10:00 AM

**DATES:**

10/19 – 12/21/19

(No class: 11/2, 11/23 & 11/30)

1/4/20 – 2/22/20

**PROGRAM #:**

PY1019YH

PY120YH



**Sous Chefs**

## SOUS CHEFS HALLOWEEN TREATS

Don't be scared! You can make some frightfully delicious Halloween goodies to share with your family and friends. No tricks, all treats! Lots of decorating fun!

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** Grades K – 5

**INSTRUCTOR:** Melissa McCabe

**FEE:** \$21/\$24 non-residents

plus \$5 ingredient fee payable to instructor at class

**DAY/DATE:** Wednesday, 10/30/19

**TIME:** 4:00 – 5:00 PM

**PROGRAM #:** MM1019HT

## K-2 INDOOR SOCCER

Learn the fundamentals of Soccer learning to dribble, pass and shoot. Sign up early space is limited.

NOTE: For the 4:00 PM class, the Duck Bus can take the kids from school to Parks and Recreation

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** K – 2nd Graders

**INSTRUCTOR:** Coach Steve and VPR Staff

**FEE:** \$45/\$55 non-residents (6 classes)

**DAYS/DATES:** Wednesdays, 11/6 – 12/18/19, (no class 11/27)

**TIMES:**

4:00 – 5:00 PM

5:00 – 6:00 PM

**PROGRAM #:**

V1119KS4

V1119KS5



## YOUTH NIGHT AT VICTOR PARKS & RECREATION

Come out and enjoy a night of foosball, ping-pong, table games and more! Bring extra money for snacks.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** K – 6th Grade

**INSTRUCTOR:** VPR Staff

**FEE:** \$12/\$15 non-residents

**DAYS/TIMES:** Fridays, 7:00 – 9:30 PM

**DATES:** **PROGRAM #:**

10/18/19 V1019YN

11/1/19 V1119YN

**REGISTER BY:** Thursday at 3 PM the day before

### Resident Registration Begins:

Friday, August 23, 2019

### Non-residents Registration Begins:

Friday, August 30, 2019

Programs beginning before September 23, 2019 are open to everyone for registration NOW.

# Youth Programs

## FITKIDS (FENCERS IN TRAINING)

Come play pirate and other fun games in this safe introduction to the sport of fencing. Start with warm up, obstacle courses, and skill building activities to develop focus, agility, balance, and eye/hand coordination. Children experience the thrill of sword play in the context of a structured class and build self-confidence using specialized plastic foils, chest plates, and masks. Geared for the short attention span of little ones. Sneakers required.

**Due to the USA Fencing regulations, we must register all participants with USA Fencing.** Registrations will last until July 31, 2020. Please bring \$10 to your first class if you need to be registered with USA Fencing. Please contact us at info@rocfencing.com if you have questions.

**LOCATION:** Rochester Fencing Club, 3335 Brighton Henrietta Townline Rd, Rochester NY 14623

**AGES:** 4 - 7

**INSTRUCTOR:** RFC Staff

**FEE:** \$52/\$59 non-residents (4 classes)  
+ \$10 for yearly USA Fencing registration  
(Rochester Fencing Club Members: \$36.40/student)

**DAYS/TIMES:** Saturdays, 9:00 - 9:45 AM

**DATES:** 11/2/19 - 11/23/19

**PROGRAM #:** V1119FK

## HOLIDAY BROADWAY BOUND - SONG & DANCE PROGRAM WITH MRS. LEWIS

Calling all 2nd, 3rd, 4th, 5th, and 6th graders! You asked for it, and IT'S HERE!! We are going to enjoy the fall season Broadway Bound style! We will meet EVERY DAY for one week just like in the summer, with a performance on Friday for your friends and family!! Students will learn choreography to a few songs and perform at the end of the week! CAN'T WAIT TO SEE ALL OF MY OLD FRIENDS and I hope you bring some new ones to join you!!! Please bring a snack and water bottle each day!!

**LOCATION:** Victor Primary School, Music Room #155

**AGES:** Grades 2 - 6

**INSTRUCTOR:** Mrs. Lewis, VPS Music Teacher

**FEE:** \$55/\$65 non-residents

**DAYS/TIMES:** Monday - Friday, 3:15 - 5:00 PM

**DATES:** 11/18/19 - 11/22/19

Performance: Friday, 11/22/19, 5:00 PM

**PROGRAM #:** JL1119BB



**Sous Chefs**

## SOUS CHEFS HEALTHY THANKSGIVING SIDES

All \*NEW\* recipes! Keep it healthy AND delicious this Thanksgiving with some fresh side dishes to serve up next to all those sugar-laden yams and cranberries. All your guests will be giving thanks for your nutritious and fun recipes! Students bring your lunch for a ½ hour lunch break at 12:30.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** Grades 2 - 5

**INSTRUCTOR:** Melissa McCabe

**FEE:** \$29/\$32 non-residents  
plus \$10 ingredient fee payable to instructor at

class

**DAY/DATE:** Wednesday, 11/27/19

**TIME:** 9:00 AM - 1:00 PM

**PROGRAM #:** MM1119TS



**Sous Chefs**

## SOUS CHEFS THANKSGIVING DESSERTS

Learn some new Autumn-themed desserts— besides pumpkin pie! You will create fun and tasty desserts that everyone will love. Keep the recipe and re-create for your special Thanksgiving feast!

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** Grades 2 - 5

**INSTRUCTOR:** Melissa McCabe

**FEE:** \$29/\$32 non-residents  
+\$10 ingredient fee payable to instructor at class

**DAY/DATE:** Wednesday, 11/27/19

**TIME:** 1:00 - 4:00 PM

**PROGRAM #:** MM1119TD

## EXPLORE ARCHERY - BEGINNER

This beginner archery program offers instruction in the basics of archery skills, safety, equipment identification, and proper form. The new archer will learn foundations necessary to properly execute an archery shot with consistent accuracy. Children have the opportunity to work with certified archers at Jim's Pro Shop! Archers will advance at their own pace. Each session is designed to build on the last to help the archers become familiar with the steps of the shot cycle. Beginners will be knowledgeable in safety and basic shot techniques by the end of this course.

**LOCATION:** Jim's Pro Shop, 4885 Route 96, Shortsville, NY

**AGES:** 7 - 11 yrs old

**INSTRUCTOR:** Jim's Prop Shop Staff

**FEE:** \$75/\$80 non-residents

**DAYS/DATES:** Saturdays, 12/7 - 12/21/19

**DATES:** 10:00 - 11:00 AM

**PROGRAM #:** JP1219BA

# Youth Programs



## SOUS CHEFS HOLIDAY COOKIES

Holidays are empty without those traditional yummy cookies! Come celebrate the season with cute and tasty holiday favorites that you create yourself. Peppermint, lemon, cherry, chocolate, vanilla...mix and match to come up with your own signature frosting and decorate till your heart's content!

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** Grades K – 5

**INSTRUCTOR:** Melissa McCabe

**FEE:** \$21/\$24 non-residents  
+\$5 ingredient fee payable to instructor at class

**DAY/DATE:** Wednesday, 12/18/19

**TIME:** 4:00 – 5:00 PM

**PROGRAM #:** MM1219HC

## K-1 HOOPS

Learn the fundamentals of basketball learning to dribble, pass and shoot. Sign up early space is limited. **NOTE:** For the 4:00 PM class, the Duck Bus can take the kids from school to Parks & Recreation

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** K – 1st Grade

**INSTRUCTOR:** Coach Steve and VPR Staff

**FEE:** \$45/\$55 non-residents (6 classes)

**DAYS/DATES:** Mondays, 1/6 – 2/24/2020 (no class 1/20 or 2/17)

**TIMES:** 4:00 – 5:00 PM V120KH4  
5:00 – 6:00 PM V120KH5

**PROGRAM #:**

## 4TH – 6TH GRADE SKI/SNOWBOARD CLUB

Enjoy the snow with friends at Bristol Mountain on Friday evenings. Our bus leaves from the Intermediate School at 3:30 pm and will return between 9:30 pm and 9:45 pm. Lessons are included and required for first time skiers/snowboarders. Deadline to register is 12/20/19. **There is a mandatory Parent/Participant Safety Meeting Tuesday January 7th, 2020 from 6:30 – 7:30 PM at the Victor Town Hall.** A Half-Day program WILL be offered should one fall during the duration of this program. Information TBA. Once you sign up with us you will then be sent an email with information to purchase lift tickets and/or rental equipment and from [www.BristolMountain.com](http://www.BristolMountain.com). Please note: Busses may leave from the school as late as 4:00 pm because in-district runs take precedence over non-district obligations.

**LOCATION:** Depart from Victor Intermediate School then take the bus to Bristol Mountain

**AGES:** 4th – 6th Graders

**INSTRUCTOR:** Christine Winter and VPR Staff

**FEE:** \$80/\$90 non-residents  
(Transportation and Supervision fee)  
**\*Additional fees for lift tickets and/or rental equipment**

**DAYS/TIMES:** Fridays, 3:30 – 9:30 PM

**DATES:** 1/10 – 2/7/20 (5 trips)

**MAKE-UP DAY:** 2/14/20 (if needed)

**PROGRAM#:** V120SC46

## GIRLS RUN VICTOR 8U

All girls K – Grade 2: Get ready to run! Girls Run Victor for younger ones. Take a jump into the world of running with this 1 mile training team and show your strength on October 26 at the Pumpkins in the Park event in Rochester! Fun, Fitness and Friends—plus, you can wear a costume for the 1 mile run! Enjoy learning about running and getting healthy, and share the bond of team training and support. This is a great start to the Grades 2-8 GRV; if 3 miles seems a little far, 1 mile is a perfect goal! You got this! Contact Coach Melissa McCabe at [melissasmccabe@gmail.com](mailto:melissasmccabe@gmail.com) for more information.

**LOCATION:** Victor School Campus

**AGE:** Girls 8 and under, K-Grade 2

**INSTRUCTOR:** Melissa McCabe

**FEE:** \$72/\$82 non-resident  
+ \$10 payable to Event Registration

**DAYS/DATES:** Fridays 9/13/19- 10/25/19  
and race Saturday 10/26/19

**TIME:** 5:00 – 6:00 PM Fridays

9:15 – 11:15 AM Saturday, 10/26/19

**PROGRAM #:** MM919GR8

## 7TH & 8TH GRADE SKI/SNOWBOARD CLUB

Enjoy the snow with friends at Bristol Mountain on Friday evenings. Our bus leaves from the Intermediate School at 3:30 pm and will return between 9:30 pm and 9:45 pm. Lessons are included and required for first time skiers/snowboarders. Deadline to register is 12/20/19. **There is a mandatory Parent/Participant Safety Meeting Tuesday January 7th, 2020 from 6:30 – 7:30 PM at the Victor Town Hall.** A Half-Day program WILL be offered should one fall during the duration of this program. Information TBA. Once you sign up with us you will then be sent an email with information to purchase lift tickets and/or rental equipment from [www.BristolMountain.com](http://www.BristolMountain.com). Please note: Busses may leave from the school as late as 4:00 pm because in-district runs take precedence over non-district obligations.

**LOCATION:** Depart from Victor Intermediate School then take the bus to Bristol Mountain

**AGES:** 7th & 8th Graders

**INSTRUCTOR:** Christine Winter and VPR Staff

**FEE:** \$80/\$90 non-residents  
(Transportation and Supervision fee)  
**\*Additional fees for lift tickets and/or rental equipment**

**DAYS/TIMES:** Fridays, 3:30 – 9:30 PM

**DATES:** 1/10 – 2/7/20 (5 trips)

**MAKE-UP DAY:** 2/14/20 (if needed)

**PROGRAM#:** V120SC78

# Recess Programs

## VRAP AFTER SCHOOL PROGRAM

## FALL SUPERINTENDENT CONFERENCE DAY

Come play with some friends at Victor Parks & Recreation during the Fall Superintendent Day. Space is limited! Bring Bag Lunch and sneakers.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** K – 6th Graders

**INSTRUCTOR:** VPR Staff

**TIMES:** 8:30 AM – 5:30 PM

**FEE:** \$54/\$57 non-residents

**DAY/DATE:** Friday, 10/11/19

**PROGRAM #:** V1019FSC



## K - 6TH GRADE HALF DAYS

Come play with some friends at Victor Parks & Recreation during the holidays. Space is limited! Bring Bag Lunch and sneakers.

### LOCATION:

Meet at Victor Parks & Recreation, 7891 Lehigh Crossing Road

### AGES:

K – 6th Graders

### INSTRUCTOR:

VPR Staff

### TIMES:

12:00 – 6:00 PM

### FEE:

\$36/\$39 non-residents, PER DAY

| DAY      | DATE:    | PROGRAM #: |
|----------|----------|------------|
| Thursday | 12/5/19  | V1219PT1   |
| Friday   | 12/13/19 | V1219PT2   |

## COLUMBUS DAY

Join Victor Parks and Recreation for an adventure to Long Acre Farm Market. Take a wagon ride and pick a small pumpkin. Travel through the corn maze to find your way out. Dress for the weather.

**LOCATION:** Meet at Victor Parks & Recreation, 7891 Lehigh Crossing Road

**AGES:** Kindergarten – 6th Graders

**INSTRUCTOR:** VPR Staff

**DAY/DATE:** Monday, 10/14/19

### TIMES:

8:30 AM – 1:30 PM, Trip only!

8:30 AM – 5:30 PM,

Trip & games/activities, bring bag lunch!

### FEE:

\$18/\$21 non-residents

\$54/\$57 non-residents

### PROGRAM #:

V1019CDA

V1019CDP

## VETERANS DAY

Off to bowl a 300 at Roseland Bowl in Canandaigua. Space is limited! Bring extra money for games.

**LOCATION:** Meet at Victor Parks & Recreation, 7891 Lehigh Crossing Road

**AGES:** K – 8th Graders

**INSTRUCTOR:** VPR Staff

**DAY/DATE:** Monday, 11/11/19

### TIMES:

8:30 AM – 1:30 PM, Trip only!

8:30 AM – 5:30 PM,

Trip & games/activities, bring bag lunch!

### FEE:

\$18/\$21 non-residents

\$54/\$57 non-residents

### PROGRAM #:

V1119VDA

V1119VDP

## RECESS – DAY BEFORE THANKSGIVING HOLIDAY

Join Victor Parks and Recreation for some board games, puzzles and gym games. Wear sneakers for active games. Bring a bag lunch and a snack.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing Road

**AGES:** K – 6th Graders

**INSTRUCTOR:** VPR Staff

**DAY/DATE:** Wednesday, 11/27/19

### TIMES:

8:30 AM – 12:30 PM,

½ day option only!!

8:30 AM – 5:30 PM,

Full day games/activities, bring bag lunch!

### FEE:

\$18/\$21 non-residents

\$54/\$57 non-residents

### PROGRAM #:

V1119BTA

V1119BTP

## FULL DAY PARENT-TEACHER CONFERENCE DAY

Join Victor Parks and Recreation for some board games, puzzles and gym games. Wear sneakers for active games. Bring a bag lunch and a snack.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing Road

**AGES:** K – 6th Graders

**INSTRUCTOR:** VPR Staff

**DAY/DATE:** Friday, 12/6/19

### TIMES:

8:30 AM – 12:30 PM,

½ day option only!!

8:30 AM – 5:30 PM,

Full day games/activities, bring bag lunch!

### FEE:

\$18/\$21 non-residents

\$54/\$57 non-residents

### PROGRAM #:

V1219PTA

V1219PTP

# Recess Programs

## SKI/SNOWBOARD AT BRISTOL MOUNTAIN

Enjoy the day skiing/snowboarding at Bristol Mountain. Bring extra money for lunch. Dress appropriately. Please list ski or snowboard under additional information.

**LOCATION:** Meet at Victor Parks & Recreation, 7891 Lehigh Crossing Road

**AGES:** 2nd – 8th Graders

**DAY/DATE:** Thursday, 1/2/2020

**TIMES:** 8:00 AM – 5:30 PM

**PACKAGES INCLUDING:**

Lift, Lesson, Rental and Transportation  
 Lift, Lesson & Transportation (no rental)  
 Lesson & Transportation  
 (Season Pass Holder)

**FEE:**

\$89/\$94 non-residents  
 \$79/\$84 non-residents  
 \$54/\$59 non-residents

**PROGRAM #:**

V120BMA  
 V120BMB  
 V120BMC

## CHRISTMAS RECESS DAYS

Come play with some friends at Victor Parks & Recreation during the holidays. Space is limited! Bring snack and sneakers. Bring a bag lunch if staying for the full day.

**LOCATION:** Meet at Victor Parks & Recreation, 7891 Lehigh Crossing Road

**AGES:** K – 6th Graders

**INSTRUCTOR:** VPR Staff

|                  |               |             |                   |
|------------------|---------------|-------------|-------------------|
| <b>DAY/DATE:</b> | <b>TIMES:</b> | <b>FEE:</b> | <b>PROGRAM #:</b> |
|------------------|---------------|-------------|-------------------|

\*\*\*\* NOTE: No program on 12/23, 12/24, and 12/25/19 \*\*\*\*

|                 |                    |                         |          |
|-----------------|--------------------|-------------------------|----------|
| Thurs, 12/26/19 | 8:30 AM – 12:00 PM | \$18/\$21 non-residents | V1219RRA |
| Thurs, 12/26/19 | 8:30 AM – 5:30 PM  | \$54/\$57 non-residents | V1219RRP |
| Fri, 12/27/19   | 8:30 AM – 12:00 PM | \$18/\$21 non-residents | V1219RFA |
| Fri, 12/27/19   | 8:30 AM – 5:30 PM  | \$54/\$57 non-residents | V1219RFP |
| Mon, 12/30/19   | 8:30 AM – 12:00 PM | \$18/\$21 non-residents | V1219RMA |
| Mon, 12/30/19   | 8:30 AM – 5:30 PM  | \$54/\$57 non-residents | V1219RMP |
| Tues, 12/31/19  | 8:30 AM – 12:00 PM | \$18/\$21 non-residents | V1219RTA |
| Tues, 12/31/19  | 8:30 AM – 5:30 PM  | \$54/\$57 non-residents | V1219RTP |

\*\*\*\* NOTE: No program on 1/1/20 \*\*\*\*\*

|               |                    |                         |         |
|---------------|--------------------|-------------------------|---------|
| Thurs, 1/2/20 | 8:30 AM – 12:00 PM | \$18/\$21 non-residents | V120RRA |
| Thurs, 1/2/20 | 8:30 AM – 5:30 PM  | \$54/\$57 non-residents | V120RRP |
| Fri, 1/3/20   | 8:30 AM – 12:00 PM | \$18/\$21 non-residents | V120RFA |
| Fri, 1/3/20   | 8:30 AM – 5:30 PM  | \$54/\$57 non-residents | V120RFP |



# Pre-Teen & Teen Programs .....



## JUMP SPIN AND SPIRAL

Come learn to Jump, spin and spiral on the ice like an Olympian.

**LOCATION:** Polisseni Arena at RIT,  
 200 Lomb Memorial Dr, Rochester, NY 14623

**AGES:** 5 – 18 years

**INSTRUCTOR:** Pamela Warren & Friends

**FEE:** \$115/\$125 non-residents (7 weeks)  
 + \$17.25 USFS dues payable to GFSC

**DAY/TIMES:** Wednesdays, 6:00 – 7:00 PM

**DATES:**  
 9/18 – 10/30/19  
 11/6 – 12/18/19

**PROGRAM #:**  
 PW919JS  
 PW1119JS

# Pre-Teen & Teen Programs



Come and join the adventure club for a planning meeting. Take part in some adventurous activities of your choice. Call Steve for a current schedule if unable to attend. 742-0143.

**LOCATION:** Victor Junior High Library, 953 High Street

**AGES:** 12 years old and up

**INSTRUCTOR:** Steve & VPR Staff

**DAYS:** Thursdays

**DATES:** starting 9/19/19, meetings every other week

**TIMES:** 2:15 PM – 3:00 PM

(during Activity Period Meetings)

**PROGRAM #:** Adventure Club Members 2019-2020

\*\* Sign-up as an Adventure Club Member and stay informed!

## Tentative Fall Activities:

|                   |                                  |                    |           |
|-------------------|----------------------------------|--------------------|-----------|
| Saturday, 9/14/19 | Bay Creek - Canoeing             | 2:00 – 6:00PM      | #AC919BC  |
| Saturday, 9/28/19 | Wonderworks                      | 2:30 – 10:00PM     | #AC919WW  |
| Friday, 10/4/19   | Rock Ventures                    | 4:00- 8:00 PM      | #AC1019RV |
| Friday, 11/15/19  | Teen Night                       | 7:00 – 8:30 PM     | #AC1119TN |
|                   | Atomic Bowl                      | 8:30 PM- 12:00 AM  | #AC1119MB |
|                   | Both Teen Night<br>& Atomic Bowl | 7:00 PM – 12:00 AM | #AC1119TB |

## LEARN TO SKATE

The Learn to Skate Program is based on the highly successful basic skills program developed by LTS USA. This beginning ice skating program is fun, challenging and rewarding. The curriculum is designed to keep skaters enthusiastic about learning from the time they begin lessons until the time they reach their goals. This great beginning program serves the needs of recreational and aspiring competitive skater as well as providing foundation skating skills for hockey skaters. Students will learn forward and backward stroking, stopping, turning, jumping and spinning. Skaters develop increased confidence, enhanced self-esteem, and athletic skill as they master each new move. This experience can enhance coordination, balance, flexibility, physical fitness and sportsmanship. 6 week program

**LOCATION:** Village Sports, 2830 Baird Road, Fairport NY 14450

**AGES:** 5 years – 17 years

**INSTRUCTOR:** Pamela Warren & Friends

**FEE:** \$84/\$94 non-residents (6 weeks)  
+ \$17.25 USFS yearly dues payable to GFSC  
+ \$4 daily skate rental fee payable each week to the rink

**DAY/TIMES:** Sundays, 4:30 – 5:20 PM  
(25 minute lesson with a 25 minute practice)

**DATES:** 9/29 – 11/3/19 **PROGRAM #:** PW919LS

•Please note 10/6 class time will move to 4:30 – 5:20pm Rink Adjustment

11/10 – 12/15/19 **PROGRAM #:** PW1119LS

## INTRO TO FLY FISHING

If you have ever wanted to learn how to fly fish but didn't know how to get started, this course is for you. The Victor area has many opportunities for this exciting method of fishing for several species of warm and cold water fish. Taught by the local chapter of Trout Unlimited, this course will cover how fly fishing differs from bait and spin casting, the components of the fly fishing rig, what types of local fish you can catch fly fishing, types of flies that will catch fish and where to fly fish locally. We will also do a demonstration of fly casting and fly tying. You will also learn about the cold water conservation mission of Trout Unlimited. You must be registered to participate. Program is limited to 30 participants.

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh

**AGES:** Ages 16 and up

**INSTRUCTOR:** Canandaigua Lake Trout Unlimited

**FEE:** FREE (You must be registered to participate)

**DAY/DATE:** Tuesday 10/1/19

**TIMES:** 6:30 PM – 8:00 PM

**PROGRAM #:** TU1019FF

## ESOL: LEARNING ENGLISH FOR BEGINNERS

Learning to speak English as a second language; a course to improve or learn to converse in English. This course will teach useful strategies for listening, reading, writing, and communicating in English.

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing

**AGES:** Ages 15 – adult

**INSTRUCTOR:** Gloria Parker-Pies, ESOL Teacher

**FEE:** \$65/\$75 non-residents

**DAYS/TIMES:** Wednesdays, 6:00 – 7:30 PM

**DATES:** 10/2 – 11/13/19 (7 weeks)

**PROGRAM #:** GP1019E

# Pre-Teen & Teen Programs

## BEGINNER GUITAR CLASS GROUP SESSION

Guitar is fun and great way to enjoy and play music! Our workshop is for the beginner who has always wanted to learn the basics of guitar playing. We will teach you guitar basics, commonly used chords and get you started! Please bring your own guitar. Call us in advance if you are going to need one.

**LOCATION:** Victor Music Experience, 27 East Main Street, Victor  
**AGES:** 10 and older  
**FEE:** \$120/\$130 non-residents  
**DAYS/TIMES:** Thursdays, 4:30 PM – 5:30 PM  
**DATES:** 10/10 – 11/14/19  
**PROGRAM #:** ME1019BG

## TEEN NIGHT

Come out and enjoy a night of foosball, ping-pong, table games and more! Bring extra money for snacks.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing  
**AGES:** 6th – 12th Grade  
**INSTRUCTOR:** VPR Staff  
**FEE:** \$12/\$15 non-residents  
**DAY/DATE:** Friday, 11/15/19  
**TIMES:** 7:00 – 8:30 PM  
**PROGRAM #:** AC1119TN

## ATOMIC BOWL

Come out and enjoy a night of late night bowling! Bring extra money for snacks.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing  
**AGES:** 6th – 12th Graders  
**INSTRUCTOR:** VPR Staff  
**FEE:** \$16/\$19 non-residents  
**DAY/DATE:** Friday, 11/15/19  
**TIMES:** 10:00 PM – 12:00 AM  
**PROGRAM #:** AC1119MB

## BOTH TEEN NIGHT & ATOMIC BOWL

**FEE:** \$26/\$31 non-residents  
**TIMES:** 7:00 PM – 12:00 AM  
**PROGRAM #:** AC1119TB

## EXPLORE BOWHUNTING YOUTH COURSE

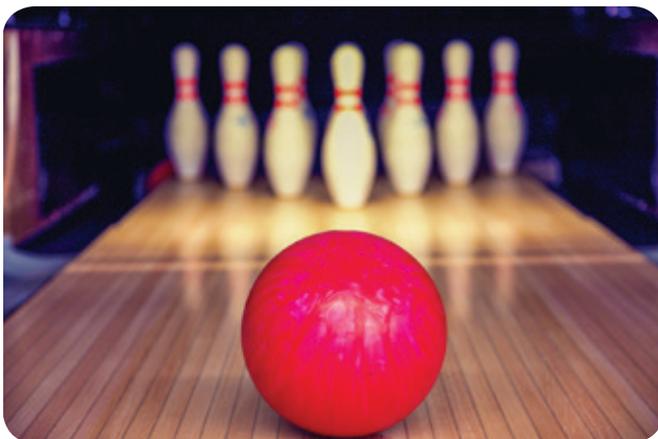
Explore Bowhunting is an outdoor conservation education program focusing on interactions with people and wildlife around them. Bowhunter Education is required in New York State. The course not only teaches students how to interact with nature using ageless hunting skills but it also teaches an appreciation of what is around them and enhances enjoyment of the outdoors. Students will learn the safe handling and use of archery equipment as well as hunting techniques, safety in the field, harvesting and care of game, and the importance of conservation and management of our natural resources. The course is under the supervision of a New York State Certified Bow Hunter Instructor. Students will receive a handbook and items to be used throughout the course!

**LOCATION:** Jim's Pro Shop, 4885 Route 96, Shortsville, NY 14548  
**AGES:** 9 – 16 yrs old  
**INSTRUCTOR:** Jim's Prop Shop Staff  
**FEE:** \$115/\$120 non-residents  
**DAYS/TIMES:** Saturdays, 11:00 AM – 1:00 PM  
**DATES:** 12/7 – 12/21/19  
**PROGRAM #:** JP1219EB

## 7TH & 8TH GRADE SKI/SNOWBOARD CLUB

Enjoy the snow with friends at Bristol Mountain on Friday evenings. Our bus leaves from the Intermediate School at 3:30 pm and will return between 9:30 pm and 9:45 pm. Lessons are included and required for first time skiers/snowboarders. Deadline to register is 12/20/19. **There is a mandatory Parent/Participant Safety Meeting Tuesday January 7th, 2020 from 6:30 – 7:30 PM at the Victor Town Hall.** A Half-Day program WILL be offered should one fall during the duration of this program. Information TBA. Once you sign up with us you will then be sent an email with information to purchase lift tickets and/or rental equipment from [www.BristolMountain.com](http://www.BristolMountain.com). Please note: Busses may leave from the school as late as 4:00 pm because in-district runs take precedence over non-district obligations.

**LOCATION:** Depart from Victor Intermediate School then take the bus to Bristol Mountain  
**AGES:** 7th & 8th Graders  
**INSTRUCTOR:** Christine Winter and VPR Staff  
**FEE:** \$80/\$90 non-residents  
(Transportation and Supervision fee)  
**\*Additional fees for lift tickets and/or rental equipment**  
**DAYS/TIMES:** Fridays, 3:30 – 9:30 PM  
**DATES:** 1/10 – 2/7/20 (5 trips)  
Make-Up Day: 2/14/20 (if needed)  
**PROGRAM#:** V120SC78



# Pre-Teen & Teen Programs

## SENIOR HIGH SKI/SNOWBOARD CLUB

Enjoy the snow with friends at Bristol Mountain on Monday evenings. Bus will leave from the Senior High School at 3:15 pm and return between 9:30 pm and 9:45 pm. Deadline to register is 12/20/19. Lessons are included and required for first time skiers/snowboarders. **There is a mandatory safety meeting Thursday, January 2nd, from 6:30 - 7:30 PM at the Victor Town Hall.** Please note: Bus may leave from the school as late as 4:00 pm because in-district runs take precedence over non-district obligations. This program WILL run on Martin Luther King, Jr. Day. Once you sign up with us you will then be sent an email with information to purchase lift tickets, rental equipment and lessons from [www.BristolMountain.com](http://www.BristolMountain.com).

**LOCATION:** Depart from Senior High School North Parking Lot then take the bus to Bristol Mountain  
**AGES:** 9th - 12th Graders  
**INSTRUCTOR:** Jeffrey Schraver and VPR Staff  
**FEE:** \$110/\$120 non-residents  
 (Transportation and Supervision fee)  
**\*Additional fees for lift tickets and/or rental equipment**  
**DAYS/TIMES:** Mondays, 3:15 - 9:30 PM  
**DATES:** 1/6 - 2/10/20 (6 trips)  
**PROGRAM #:** V120SC912

# Fall Aquatics Programs



## PARENT & ME SWIMMING INSTRUCTION

Child, parent and instructor work together to help children adjust to the water. This program includes basic safety practices to help parents keep children ages 6 months to 3 years safe in and around water. An adult must accompany child in the water. Please do not bring any other children to class.

**LOCATION:** Victor Schools Aquatic Center, 953 High Street  
**AGES:** 6 months - 3 years  
**INSTRUCTOR:** VPR Certified Aquatics Staff  
**FEE:** \$55/\$65 non-residents (5 weeks)  
**DAYS/TIME:** Saturdays, 4:30 - 5:00 PM  
**DATES:** 11/9 - 12/14/19 (No program held 11/30)  
**PROGRAM#:** AQ1119PM

## TOT SWIMMING INSTRUCTION

Preschool age children will receive an introduction to water in a controlled and comfortable environment. Using a "Tot Dock," children will be in shallow water in a fun, friendly and safe environment. This is for children only (not parent/child) with a small class size. Register early!

**LOCATION:** Victor Schools Aquatic Center, 953 High Street  
**AGES:** 3 - 5 year olds (must be 3 by 11/9/19)  
**INSTRUCTOR:** VPR Certified Aquatics Staff  
**FEE:** \$55/\$65 non-residents (5 weeks)  
**DAYS/DATES:** Saturdays, 11/9 - 12/14/19 (No program held 11/30)  
**TIME:** 2:30 - 3:15 PM  
 4:30 - 5:15 PM  
**PROGRAM #:** AQ1119TS1  
 AQ1119TS2

## GENESEE VALLEY MASTERS SWIM CLUB

A US Masters registered program offering high-quality coaching and instruction for everyone - competitive swimmers, triathletes, lap swimmers, and anyone else interested in this lifelong sport. The program meets at the Victor Central School District (VCSD) Aquatic Center and Perinton Aquatic Center. Workouts and coaching for all levels (it is suggested you be able to swim 100-200 yards continuously). Please contact Laura Silins at [lsilins@perinton.org](mailto:lsilins@perinton.org) or (585) 223-5050 x 1185 for information on a 2-week free trial, registration details or additional information to get started. Workout times and locations (may attend however many you want):

|                           |              |                  |
|---------------------------|--------------|------------------|
| <b>LOCATION:</b>          | <b>DAYS:</b> | <b>TIMES:</b>    |
| VCSD Aquatics Center:     | Tues/Thurs   | 5:30 - 7:00 AM   |
| Perinton Aquatics Center: | Mon/Wed/Fri  | 6:00 - 7:30 AM   |
|                           | Tues/Thurs   | 11:30AM - 1:00PM |
|                           | Mon/Wed      | 7:30 - 9:00 PM   |

## FALL AQUATIC PROGRAMS

Victor Parks and Recreation Swim Programs provide a fun and friendly atmosphere for children to learn water adjustment and safety skills and to be introduced to basic and advanced swimming strokes. Our certified staff is excited to teach your child to swim and be safe around water. Parents do not stay in the swim area.





## SWIM LESSON LEVELS DESCRIPTIONS

**Note:** If you are unsure which level your child belongs in, please contact Christine Winter at (585) 742-0145 or [cwinter@town-victor-ny.us](mailto:cwinter@town-victor-ny.us)

### Introduction to Level 1:

This is for children 4-5 years old who are unable to stand in the shallow end but are comfortable performing bobs, putting their face in, blowing bubbles and holding onto the wall unassisted in 3 foot 8 inch deep water. They will work on floating independently, flutter kicking and rolling over onto their back. These skills are essential in keeping this age group safe in both pools and lakes. Upon passing this level, it is possible the child may be ready for Level 2 (Instructor's discretion).

### Level 1 (Beginner 1):

If your child is under the age of 6, please refer to Intro to Level 1. This group is for children who are able to stand in the shallow end independently. They will work on putting their face in the water, blowing bubbles and floating on their front or back.

### Level 2 (Beginner 2):

Children in this group can float and feel comfortable with their faces in the water, but are still working on making independent forward progress.

### Level 3 (Beginner 3):

This group can swim in the shallow end with their faces in the water, but continue to work on the confidence to feel comfortable in water over their head. This class has a large focus on learning front crawl, backstroke, and elementary backstroke.

### Level 4 (Advanced Beginner):

This class takes place in the deep end. Children will work on refining the front crawl and backstroke. Children will learn breaststroke and sidestroke.

# Fall Aquatics Programs

## LEARN TO SWIM (INTRO TO LEVEL 1 - LEVEL 4)

Children will explore swimming beginning with learning how to float on their front and back, putting their faces in the water as well as rhythmic breathing through stroke development in a fun, friendly and safe environment. Not sure which level your child belongs in? Check the descriptions below:

**LOCATION:** Victor Schools Aquatic Center, 953 High Street

**AGES:** 6 years and over

**\*Intro to Level 1 is for children ages 4 & 5 only**

**INSTRUCTOR:** VPR Certified Aquatics Staff

**FEE:** \$55/\$65 non-residents (5 weeks)

**DAYS/DATES:** Saturdays, 11/9 - 12/14/19 (No program held 11/30)

**LEVEL:**

Intro to Level 1\*

Level 1

Level 2

Level 2

Level 3

Level 3

Level 4

Intro to Competitive

**TIME:**

2:30 - 3:20 PM

3:30 - 4:20 PM

2:30 - 3:20 PM

3:30 - 4:20 PM

2:30 - 3:20 PM

3:30 - 4:20 PM

3:30 - 4:20 PM

4:30 - 5:20 PM

**PROGRAM#:**

AQ1119L1A

AQ1119L1B

AQ1119L2A

AQ1119L2B

AQ1119L3A

AQ1119L3B

AQ1119L4A

AQ1119CS

## INTRO TO COMPETITIVE SWIM (LEVEL 5 AND UP)

This program is designed for those who are considering doing competitive swimming and have a basic understanding of butterfly, backstroke, breaststroke and freestyle (Level 5 and up). Participants will be introduced to the basics of competitive swimming workouts while continuing to refine stroke technique.

**LOCATION:** Victor Schools Aquatic Center, 953 High Street

**INSTRUCTOR:** VPR Certified Aquatics Staff

**FEE:** \$55/\$65 non-residents (5 weeks)

**DAY/TIME:** Saturdays, 4:30 - 5:20 PM

**DATES:** 11/9 - 12/14/19 (No program held 11/30)

**PROGRAM#:** AQ1119CS

## LAP SWIMMING IN THE EARLY AM

Come join us at the Victor Aquatics Center for your morning workout! The Victor High School Pool is available for lap swimming. The pool locker rooms and showers will be available for your convenience. Purchase a 20 visit punch pass on-site or at the Parks and Recreation office. Drop-ins are welcome. No online registrations. Participants in this program must demonstrate appropriate lap swim etiquette as recommended by the Victor Schools Aquatics Director. Visit [www.victorschool.org](http://www.victorschool.org) for more information.

**Please Note:** It is mandatory that **ALL** participants sign-in upon entering the facility.

**LOCATION:** Victor Schools Aquatic Center

**AGES:** Open to All

**INSTRUCTOR:** VPR Certified Lifeguards

**DAYS/TIMES:** Monday - Friday, 5:30 - 7:30 AM

**DATES:** School Days & Some additional days

**PASS:**

Walk-in Pass

20 Visit Punch Pass

**FEE:**

\$2 Victor School District residents/\$3 NR-VSD

\$35 Victor School District residents/\$55 NR-VSD

\*\* Senior Citizen (55+) discount for a 20 Visit Punch Pass: \$5 (\$30/\$50)

**PROGRAM #:**

V919LSW

V919LSP

# Basketball Programs

## BASKETBALL SKILLS AND DRILLS

This program has an instructional focus with an emphasis on fundamentals. Children will build individual skills and learn basic team concepts with a progression toward competitive play. Separate sessions for boys and girls. Basketball and t-shirt included! **Registration Deadline is 10/30/19; Register early as space is limited!**

**LOCATION:** Victor Primary School Gymnasium

**AGES:** K - 3rd grade

**INSTRUCTOR:** Coach Eric Wernert & VPR Staff

**FEE:** \$70/\$80 non-residents

**DAYS:** Saturdays

**DATES:** 11/2/19 - 2/8/20

(no basketball 11/30, 12/21, 12/28, and 1/4/20)

**MAKE-UP DATE:** 2/15 (if needed)

**GENDER:**

Boys 8:00 - 9:15 AM

Girls 9:15 - 10:30 AM

**TIMES:**

**PROGRAM #:**

BB19SDB

BB19SDG

**Parent volunteers help make this program possible. If interested in volunteering please include this under additional information on your registration form or call Christine Winter at (585) 742-0145.**



## YOUTH BASKETBALL LEAGUE INFORMATION 3RD AND 4TH GRADE BOYS

- **Registration deadline: 10/15/19.** Register Early! Space is Limited.
- Sibling team placements will be the only requests taken.
- Please be sure to fill out t-shirt size, basketball skill, height, etc. under additional information on the registration form.
- **Volunteer coaches are needed to run a successful program.** If you have time to share, please contact us at 742-0145 or fill out the appropriate section on the registration form.
- MANDATORY player evaluations will be conducted on Saturday, October 19th OR Monday October 21st, which will help in team selection. Location indicated below:

**3/4 Boys Evaluation #1** - ECS GYMNASIUM  
Sat. October 19th from 9:00 - 10:15 AM

**3/4 Boys Evaluation #2** - ECS GYMNASIUM  
Mon. October 21st from 7:00 - 8:00 PM

**Note:** For your convenience, we offer TWO Evaluation Dates. Your child is required to attend only **ONE** date (#1 on Sat 10/19 OR #2 on Mon 10/21).

**Please indicate your chosen evaluation date upon registering.**

## YOUTH BASKETBALL LEAGUE (3RD & 4TH GRADE BOYS)

This program is designed to help boys improve basketball fundamentals and to learn to play in game situations. There will be a one-hour practice during the week and ten games on Saturday mornings. Game times and locations are subject to change based on gym availability. To start off the season, there will be two (2) Saturday practices held on 10/26 and 11/2. The remaining practices will be held on Wednesday Evenings. The first game will be held on 11/9.

**LOCATION:** Victor Parks & Recreation Gymnasium and TBD

**AGES:** 3rd - 4th grade boys

**INSTRUCTOR:** VPR Staff

**FEE:** \$80/\$90 non-residents

**DATES:** 10/19 - 2/8/20

(includes player evaluations & Saturday practices)

No games held: 11/30, 12/21, 12/28, and 1/4/20

No practices held: 11/27, 12/25, 1/1/20

Make-Up Date: 2/15 (if needed)

\*\* (If Victor Schools are closed, basketball is cancelled)\*\*

**DAYS:** Practice: Wednesday evenings (ECS Gymnasium)

Games: Saturday Mornings

**TIMES:** Games held between 8:00 AM and 1:00 PM.

**PROGRAM #:** BB19B34

**Parent volunteer coaches make this program possible. If interested in volunteering please include this under additional information on your registration form or call 742-0145.**

# Basketball Programs

## YOUTH BASKETBALL LEAGUE INFORMATION

### 5TH AND 6TH GRADE BOYS & 4TH - 6TH GRADE GIRLS

- **Registration deadline: 10/15/19** Register Early! Space is Limited.
- Sibling team placements will be the only requests taken.
- Please be sure to fill out t-shirt size, basketball skill, height, etc. under additional information on the registration form.
- **Volunteer coaches are needed to run a successful program.** If you have time to share, please contact us at 742-0145 or fill out the appropriate section on the registration form. If you have time to share, please contact us at 742-0145 or fill out the appropriate section on the registration form.
- **MANDATORY** player evaluations will be conducted on Saturday, October 19th OR Monday, October 21st which will help in team selection. Location indicated below:

**5/6 Boys Evaluation #1** - ECS GYMNASIUM  
Sat. October 19th from 10:30 AM- 11:45 AM

**5/6 Boys Evaluation #2** - ECS GYMNASIUM  
Mon. October 21st from 8:00 - 9:00 PM

**Girls Evaluation #1** - PRIMARY GYMNASIUM  
Sat. October 19th from 9:00 AM - 10:30 AM

**Girls Evaluation #2** - ECS GYMNASIUM  
Mon. October 21st from 7:00 - 8:00 PM (if needed)

**Note:** For your convenience, we offer TWO Evaluation Dates.  
Your child is required to attend only ONE date (#1 on Sat 10/19 OR #2 on Mon 10/21).

**Please indicate your chosen evaluation date upon registering.**



## YOUTH BASKETBALL LEAGUE (5TH & 6TH GRADE BOYS)

This program is designed to help boys improve basketball fundamentals and to learn to play in game situations. There will be a one-hour practice during the week and ten games on Saturday mornings. To start off the season, there will be two (2) Saturday practices held 10/26 and 11/2. The remaining practices will be held on Monday Evenings. The first game will be held on 11/9.

**LOCATION:** Victor Parks & Recreation Gymnasium and TBD

**AGES:** 5th - 6th grade boys

**INSTRUCTOR:** VPR Staff

**FEE:** \$80/\$90 nonresident

**DATES:** 10/19 - 2/8/20

(includes player evaluations & Saturday practices)

No games held: 11/30, 12/21, 12/28, and 1/4/20

No practices held: 11/11, 12/23, 12/30, 1/20/20

Make-Up Date: 2/15 (if needed)

**\*\* (If Victor Schools are closed, basketball is cancelled) \*\***

**DAYS:** Practice: Monday evenings (ECS Gymnasium)

Games: Saturday Mornings

**TIMES:** Games held between 8:00 AM and 1:00 PM.

**PROGRAM #:** BB19B56

## YOUTH BASKETBALL LEAGUE (4TH - 6TH GRADE GIRLS)

This program is designed to help girls improve basketball fundamentals and to learn to play in game situations. There will be a one-hour practice during the week and ten games on Saturday mornings. To start off the season, there will be two (2) Saturday practices held 10/26 and 11/2. The remaining practices will be held on Thursday Evenings. The first game will be held on 11/9.

**LOCATION:** Victor Parks & Recreation Gymnasium and TBD

**AGES:** 4th -6th Grade

**INSTRUCTOR:** VPR Staff

**FEE:** \$80/\$90 non-residents

**DATES:** 10/19 - 2/8/20

(includes player evaluations & Saturday practices)

No games held: 11/30, 12/21, 12/28, and 1/4/20

No practices held: 10/31, 11/28, 12/26, 1/2/20

Make-Up Date: 2/16 (if needed)

**\*\* (If Victor Schools are closed, basketball is cancelled) \*\***

**DAYS:** Practice: Thursday evenings

(Victor Parks & Recreation Gym)

Games: Saturday Mornings

**TIMES:** Games held between 8:00 AM and 1:00 PM.

**PROGRAM #:** BB19G46

**4 EASY  
WAYS TO  
REGISTER**



[www.victorny.org](http://www.victorny.org)



(585) 742-0142



**7891 Lehigh Crossing | Victor, NY 14564**  
Dropbox located in the parking lot as well



[parksandrec@town-victor-ny.us](mailto:parksandrec@town-victor-ny.us)

# Basketball Programs



## YOUTH DROP-IN BASKETBALL 7TH - 9TH GRADE BOYS

Join your friends for some pick-up basketball games or just a shoot around session! This program is designed for boys in 7th - 9th Grade who are looking to play recreational pick-up basketball on Tuesday Evenings. Program participants will be required to follow gymnasium rules as set forth by the Parks & Recreation Department. No instruction, just pick-up games! Program is limited to the first 30 participants. Registration Deadline: 11/26/19.

**LOCATION:** Victor Parks & Recreation Gymnasium,  
7891 Lehigh Crossing

**AGES:** 7th - 9th Grade Boys

**INSTRUCTOR:** VPR Staff

**FEE:** \$35/\$45 non-residents (9-week session)

**DATES:** 12/3/19 - 2/11/20  
(No program 12/24 & 12/31)

\*\* (If Victor Schools are closed, basketball is cancelled)\*\*

**DAYS:** Tuesday Evenings

**GAME TIMES:** 7:00 - 9:00 PM

**PROGRAM #:** BB19B79



## YOUTH DROP-IN BASKETBALL 7TH - 9TH GRADE GIRLS

Join your friends for some pick-up basketball games or just a shoot around session! This program is designed for girls in 7th - 9th Grade who are looking to play recreational pick-up basketball on Tuesday Evenings. Program participants will be required to follow gymnasium rules as set forth by the Parks & Recreation Department. No instruction, just pick-up games! Program is limited to the first 30 participants. Registration Deadline: 2/24/20.

**LOCATION:** Victor Parks & Recreation Gymnasium,  
7891 Lehigh Crossing

**AGES:** 7th - 9th Grade Girls

**INSTRUCTOR:** VPR Staff

**FEE:** \$35/\$45 non-residents (9-week session)

**DATES:** 2/25/20 - 4/28/20 (No program: 4/7/20)

\*\* (If Victor Schools are closed, basketball is cancelled)\*\*

**DAYS:** Tuesday Evenings

**GAME TIMES:** 7:00 - 9:00 PM

**PROGRAM #:** BB19G79



## YOUTH BASKETBALL LEAGUE INFORMATION 9TH - 12TH GRADE BOYS

- **Registration deadline: 11/18/19!** Register Early! Space is Limited.
- Sibling team placements will be the only requests taken.
- Please be sure to fill out basketball skill, height, t-shirt size etc. under additional information on the registration form.

**Player evaluations will be conducted in the  
ECS Gymnasium.**

**The evaluation will help in team selection.**

**Player Evaluation Date:**

**Saturday, November 23rd, 6:30 pm - 8:00 pm  
@ ECS Gymnasium**

## YOUTH BASKETBALL LEAGUE - 9TH - 12TH GRADE BOYS

This program is designed to help players improve basketball fundamentals and to continue to play in game situations. There are no practices, just games!!! All games are held on Saturday evenings. \*Game times to be determined based on enrollment/# of teams.

**LOCATION:** Victor Early Childhood School (ECS) Gymnasium,  
953 High Street.

**AGES:** 9th - 12th graders

**INSTRUCTOR:** VPR Staff

**FEE:** \$70/\$80 non-residents

**DATES:** 11/23 - 3/14/20

No games held: 11/30, 12/21, 12/28, 1/4/20,  
2/15/20, 2/22/20

**DAYS:** Saturday Evenings

**GAME TIMES:** 6:30 pm, 7:30 pm, or 8:30 pm\*

**PROGRAM #:** BB19B912

## K-1 HOOPS

Learn the fundamentals of basketball learning to dribble, pass and shoot. Sign up early space is limited.

**NOTE:** For the 4:00 PM class, the Duck Bus can take the kids from school to Parks and Recreation

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** K - 1st Grade

**INSTRUCTOR:** Coach Steve and VPR Staff

**FEE:** \$45/\$55 non-residents (6 classes)

**DAYS/DATES:** Mondays, 1/6 - 2/24/2020 (no class 1/20 or 2/17)

**TIMES:** 4:00 - 5:00 PM

5:00 - 6:00 PM

**PROGRAM #:**

V120KH4

V120KH5

### Resident Registration Begins:

Friday, August 23, 2019

### Non-residents Registration Begins:

Friday, August 30, 2019

Programs beginning before September 23, 2019  
are open to everyone for registration NOW.

# Inclusive Services Programs

WORKING IN CONJUNCTION WITH ONTARIO COUNTY ARC  
THERAPEUTIC RECREATION & INCLUSIVE SERVICES



## WHAT IS TIES?

Together Including Every Student (TIES), developed in 1997 by two parents of children who have disabilities, promotes the participation of students and young adults who have developmental disabilities in inclusive, organized extracurricular and community activities through the support of trained student volunteers.

- **Participants** who have developmental disabilities join activities where they can develop recreational interests, learn about their community, and have fun with peers.
- **Peer volunteers** learn how to support participants according to their individual needs, gain more understanding of disabilities and diversity, and make a positive difference in a peer's life.
- **Activity leaders** create an experience where all individuals and talents are included, and promote community awareness and inclusion.

## HOW DOES TIES WORK?

TIES is currently in place in more than 30 school districts throughout the Western, Central, and Finger Lakes regions of New York.

**TIES Coordinators** work closely with the school districts to identify eligible participants, recruit and train peer volunteers, communicate with activity leaders, and make necessary arrangements for each activity.

### Activities can be -

- A single event, such as a school dance or after-school football game.
- An ongoing class, such as cooking, dance, martial arts, music, or gymnastics.
- Ongoing participation in a community organization, such as Scouts.
- A Drumming Circle.

Feel free to ask about an activity your son or daughter may be interested in.

**Participants** are children and young adults between the ages of 8 and 21 who have developmental disabilities. Individuals receive an application from the TIES Coordinator that asks about interests and what support is needed to be successful. Support is individualized and can be in physical, social/behavioral, or language areas. Participants list the activities they would like to join or request information about desired activities. The Coordinator discusses the chosen activities and needed support with the participant and/or parents. An individualized plan is developed that guides the peer volunteer's support. The Coordinator also communicates with the activity leader to introduce the TIES program and assess what individual accommodations may be needed.

We encourage you to help your child take advantage of the many extracurricular activities that our schools and community have to offer by participating in TIES!

The TIES Coordinator for Victor Central School District is Erin O'Brien. You can reach Erin at (585)337-8426 or [VCS.TIES.Program@gmail.com](mailto:VCS.TIES.Program@gmail.com)  
<https://sites.google.com/view/vcstiesprogram/home>



is proud to partner with the  
**Town of Victor  
Parks and Recreation  
Department**

to provide unique and inclusive recreational opportunities for people with intellectual and developmental disabilities in our community!

- Autism Services
- Day Services
- Employment Services
- Pet Connections
- Residential Options
- Transition Services

3071 County Complex Drive  
Canandaigua, NY 14424

[www.ontarioarc.org](http://www.ontarioarc.org)  
(585) 394-7500

# Inclusive Services Programs

WORKING IN CONJUNCTION WITH ONTARIO COUNTY ARC  
THERPEUTIC RECREATION & INCLUSIVE SERVICES



## ONTARIO ARC ACTIVE ACADEMY

Developed by Ontario ARC, Active Academy offers children ages 7 through 21 with an autism or other developmental disabilities a safe, nurturing environment to meet each child's unique and dynamic needs. Led by a Special Education Teacher, the program's engaging activities are fun and support children as they boost their social, sensory, reading and academic skills. This healthy balance of recreational and academic activities gives each student the tools to enjoy more independence and experience success in and out of the classroom.

### Services Offered:

- Tales for Tails pet therapy reading program
- Homework Assistance
- Extracurricular Activity Support
- Social Skills
- Life Skills
- Community Outreach Projects
- Recreation and Leisure

### Eligibility Requirements:

Students must meet the following criteria:

- Eligible for services through OPWDD and Hourly Respite Waiver Eligible
- Be between the ages of 7 and 21 years
- Have the ability to adapt to a new environment without a high level of support

### Location/Days & Times:

Victor Active Academy – Victor School District

- Monday –Friday, 2:00 – 6:00 PM\*

### \*Follows the Victor School District calendar

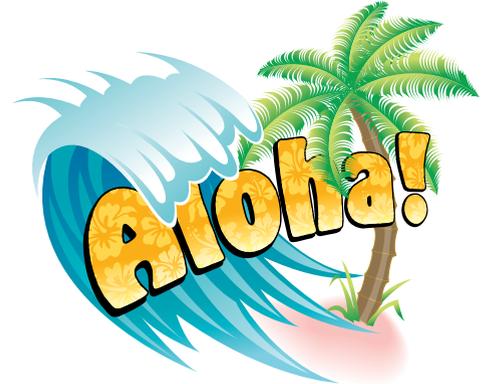
Canandaigua Active Academy – Canandaigua School District

- Monday –Friday, 2:00 – 6:00 PM\*

### \*Follows the Canandaigua School District calendar

### Registration Information:

Contact JoEllen Schaefer at (585) 919 – 2118 or jschaefer@ontarioarc.org.



## ALOHA MIXER

Dress in your favorite Hawaiian shirt and grass skirt, come dressed to impress – Tropical Style! This Aloha Mixer is geared for adults 18 or older on the Autism Spectrum. Photo booths, themed table topics, dancing, hula hoops and limbo will provide opportunities to practice social skills, along with supports to help foster social engagement. Individuals from surrounding communities will gather at this tropical paradise for an evening of connections. Enjoy a variety of activities, delicious food, raffles and more – all within a safe and supportive environment!

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing

**AGES:** 18 and up

**FEE:** \$6 per person

**DAY/DATE:** Saturday, 9/14/19

**TIME:** 4:30 – 6:30 PM

**PROGRAM #:** ARC919AM

## HALLOWEEN BASH

Dress up in your favorite costume and come enjoy dancing and refreshments as we celebrate Halloween. Music will be played by DJ's Mike and Wade, and a light snack will be provided.

**LOCATION:** Victor Municipal Park Lodge,  
6680 Paparone Drive, off of Brace Road

**AGES:** 18 and up

**FEE:** \$6 per person

**DAY/DATE:** Friday, 10/18/19

**TIME:** 6:30 – 8:30 PM

**PROGRAM #:** ARC1019HB

## CHRISTMAS SOCIAL

Join your friends as we enjoy and celebrate the Holiday Season. Dance and enjoy hot cocoa and other light refreshments. Music will be played by our favorite DJ's Mike and Wade.

**LOCATION:** Victor Municipal Park Lodge,  
6680 Paparone Drive, off of Brace Road

**AGES:** 18 and up

**FEE:** \$6 per person

**DAY/DATE:** Friday, 12/6/19

**TIME:** 6:30 – 8:30 PM

**PROGRAM #:** ARC1219CS



# Tennis Programs

## EMPIRE TENNIS ACADEMY – JUNIOR ENTRY LEVEL GROUP TENNIS LESSONS

With convenient times and locations, Empire Tennis has several options for junior players. Headquartered out of the Harley School, Empire Tennis Academy strives to help you improve your game, gain confidence, stay fit, and foster long lasting friendships and bonds with other fellow players. Jason Speirs, Director of Empire Tennis Academy, will coordinate the program and his staff will be teaching it. This tennis program is for **Entry Level** players only – those who have either never played before or have very minimal experience. As a side note, those who are on JV or Varsity teams are likely not at the entry level; however, if they are interested in taking lessons, they can check out our regular program times on our website ([www.empiretennisacademy.com](http://www.empiretennisacademy.com)). Groups are separated by age and the goal of the program will be to teach basic strokes and use drills and games that will show tennis can be a lot of fun to play. Come join us and have fun while you learn the sport of tennis!

### SEPTEMBER (@ FISHERS PARK)

| DAY: | TIME:     | DATES:               | LEVEL:                    | FEE:           |
|------|-----------|----------------------|---------------------------|----------------|
| Sat  | 9-10 AM   | Sept. 7, 14, 21 & 28 | 9&10 yrs old Entry Level  | \$72/\$77 NR   |
| Sat  | 10-11 AM  | Sept. 7, 14, 21 & 28 | 5-8 yrs old Entry Level   | \$72/\$77 NR   |
| Mon  | 4:30-6 PM | Sept. 9, 16, 23 & 30 | 11-17 yrs old Entry Level | \$114/\$119 NR |
| Mon  | 6-7 PM    | Sept. 9, 16, 23 & 30 | 5-8 yrs old Entry Level   | \$72/\$77 NR   |

### OCTOBER (@ HARLEY SCHOOL)

| DAY: | TIME:        | DATES:              | LEVEL:                    | FEE:           |
|------|--------------|---------------------|---------------------------|----------------|
| Sun  | 12:30-2 PM   | Oct. 6, 13, 20 & 27 | 11-17 yrs old Entry Level | \$114/\$119 NR |
| Sun  | 3-4 PM       | Oct. 6, 13, 20 & 27 | 5-8 yrs old Entry Level   | \$72/\$77 NR   |
| Mon  | 5:30-6:30 PM | Oct. 7, 14, 21 & 28 | 9&10 yrs old Entry Level  | \$72/\$77 NR   |
| Mon  | 5:30-6:30 PM | Oct. 7, 14, 21 & 28 | 5-8 yrs old Entry Level   | \$72/\$77 NR   |



# Adult Programs

## ACTIVE ADULT PROGRAMS

## FITNESS PASSES

Purchase passes and use in any of these programs:

### CARDIO/ AEROBICS/ WEIGHT TRAINING/ WORKOUT

Enjoy a high quality workout with our instructor Bettina Kalish who will be keeping things fresh and enjoyable. Wear comfortable workout clothes, and shoes as you will be getting a great workout. Routines will offer; weight training; slide; step and more. Sign up fast space is limited!

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing

**AGES:** Adults 18 and over

**INSTRUCTOR:** Bettina Kalish

**DAYS/TIME:** Mondays, Wednesdays, & Fridays, 9:15 – 10:15 AM, Mondays and Wednesday, 6:00 – 7:00 PM  
Saturdays, 8:00 – 9:00 AM – Starting in September 2019

### PASSES ARE AVAILABLE IN THE FOLLOWING QUANTITIES:

| FITNESS PASS:   | ADULTS 18 - 54: | STUDENTS & SENIORS: | PROGRAM #: | NON-RESIDENT FEE |
|-----------------|-----------------|---------------------|------------|------------------|
| (1) Class Pass  | \$8             | \$8                 | F919-01    | + \$0            |
| (4) Class Pass  | \$28            | \$25                | F919-04    | + \$5            |
| (8) Class Pass  | \$48            | \$44                | F919-08    | + \$10           |
| (16) Class Pass | \$80            | \$72                | F919-16    | + \$10           |
| (32) Class Pass | \$128           | \$115               | F919-32    | + \$10           |

**NON-RESIDENT FEES:** up to \$10 per SEASON (January – April , May – August , September - December) for fitness classes

# Adult Programs

**LAP SWIMMING IN THE EARLY AM** (ongoing) See page 24

## YOGA FOR BEGINNERS/INTERMEDIATE

Yoga can provide you with the tools you need to reduce stress, improve flexibility and increase self-awareness. Each class will include forms of meditation, breathing techniques, stretching and yoga postures. Participants should wear comfortable clothing and bring a Yoga sticky mat and blanket. Some bolsters and props will be provided.

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing

**AGES:** 16 years and over

**INSTRUCTOR:** Mary Capozzi certified Kripalu yoga instructor with 20 years of yoga teaching experience

**DAY/TIME:** Tuesdays, 5:30 – 6:30 PM

| <b>DATES:</b>   | <b>FEE:</b>                       | <b>PROGRAM #:</b> |
|-----------------|-----------------------------------|-------------------|
| 9/10 – 10/29/19 | \$80/\$90 non-residents (8 weeks) | MC919Y            |
| 11/5 – 12/17/19 | \$70/\$80 non-residents (7 weeks) | MC1119Y           |

## ADULT PICK-UP BASKETBALL - MONDAY NIGHTS (30 AND OLDER)

This program is designed for recreational pick-up basketball on Monday evenings for those avid players. This is a 3-season program (Fall, Winter & Spring). Call 742-0147 for more information. Program is limited to the first 30 participants.

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing

**AGES:** Adult (30 and older)

**FEE:** \$30/\$40 non-residents (10 week program)

**DAY/TIME:** Mondays, 7:30 – 9:30 PM

**DATES:** 9/23 – 12/9/19 (no 10/14, 11/11)

**PROGRAM #:** V919AB

## ADULT CO-ED VOLLEYBALL - WEDNESDAY NIGHTS (25 AND OLDER)

Have fun, stay fit and meet new people. Games are for those who enjoy competitive recreational volleyball rather than power volleyball. Program is for players 25 and older. All skill levels are welcome. Instructor will form different teams each week. Program is limited to 30 participants.

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing

**AGES:** Adult (25 and older)

**INSTRUCTOR:** Chris O'Connor

**FEE:** \$36/\$46 non-residents (12-week session)

**DAYS/TIMES:** Wednesdays, 7:30 – 9:30 PM

**DATES:** 9/25 – 12/11/19

**PROGRAM #:** V919AV

### Resident Registration Begins:

Friday, August 23, 2019

### Non-residents Registration Begins:

Friday, August 30, 2019

Programs beginning before September 23, 2019 are open to everyone for registration NOW.

## ADULT LEARN TO SKATE

The Learn to Skate Program is based on the highly successful basic skills program developed by LTS USA. This beginning ice skating program is fun, challenging and rewarding. The curriculum is designed to keep skaters enthusiastic about learning from the time they begin lessons until the time they reach their goals. This great beginning program serves the needs of recreational and aspiring competitive skater as well as providing foundation skating skills for hockey skaters. Students will learn forward and backward stroking, stopping, turning, jumping and spinning. Skaters develop increased confidence, enhanced self-esteem, and athletic skill as they master each new move. This experience can enhance coordination, balance, flexibility, physical fitness and sportsmanship. 6 week program

**LOCATION:** Village Sports, 2830 Baird Road, Fairport NY 14450

**AGES:** 18 years and older Adults

**INSTRUCTOR:** Pamela Bossar Warren & Friends

**FEE:** \$84/\$94 non-residents (6 lessons per session)

+ \$17.25 USFS yearly dues payable to GFSC

+ \$4 daily skate rental fee payable each week to the rink

**TIMES:** Includes a 25 minute lesson and then 25 minutes practice

| <b>DAY:</b>   | <b>DATES:</b>    | <b>TIMES:</b>   | <b>PROGRAM #:</b> |
|---|------------------|-----------------|-------------------|
| Thursdays   | 9/26 – 10/31/19  | 9:30 – 10:20 AM | PW919TAS          |
| Sundays   | 9/29 – 11/3/19   | 3:00 – 3:50 PM  | PW919SAS          |
| • Please note 10/6 class time will move to 4:30 – 5:20 PM (Rink Adjustment) |                  |                 |                   |
| Thursdays   | 11/7 – 12/19/19  | 9:30 – 10:20 AM | PW1119TAS         |
| (no class 11/28)  |                  |                 |                   |
| Sundays   | 11/10 – 12/15/19 | 3:00 – 3:50 PM  | PW1119SAS         |



### ZUMBA®

Zumba® combines high energy and motivating music with unique moves and combinations that are combined to tone and sculpt your body while burning fat. It is based on the principle that a workout should be 'FUN AND EASY TO DO.' Zumba® is not only great for the body, but it is also great for the mind. It is a 'feel happy' workout. Zumba® is very infectious and is definitely the latest, most exciting fitness sensation!

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing

**AGES:** 15 years & up

**DATES:** Ongoing

**INSTRUCTOR:** Heather Ottnod, Zumba® certified instructor

**DAYS/TIME:** Saturdays, 9:00 – 10:00 AM

| <b>PASS:</b>     | <b>FEE:</b>              | <b>PROGRAM #:</b> |
|------------------|--------------------------|-------------------|
| (1) Class Pass:  | \$8 non-residents        | Z919-1            |
| (5) Class Pass:  | \$25/\$30 non-residents  | Z919-5            |
| (10) Class Pass: | \$45/\$55 non-residents  | Z919-10           |
| (20) Class Pass: | \$90/\$100 non-residents | Z919-20           |

**NON-RESIDENT FEE:** up to \$10 per SEASON (January – April, May – August, September – December) for fitness classes

# Adult Programs

## INSTRUCTIONAL PROGRAMS

### INTRO TO ACRYLIC POURING

Pour painting is not new but it is certainly making a comeback. Are you captivated by the videos you see on YouTube? Or the intriguing artworks shared on Facebook and Pinterest? Having trouble sorting through the myriad of information? Would you like to give it a try for yourself? Join us for this fun workshop designed to get you started with acrylic pouring and return home with a gorgeous painting. No painting experience needed. Everyone will be creating one 6x6 canvasses. Bring an apron, if you wish, and something to transport your wet canvasses home (e.g. a box or disposable baking trays from the dollar store). All other materials are included in your registration fee. Special Note: Min class size of 6, sign up with your friends!

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing

**AGES:** Teens and Adults (13 - 99)

**INSTRUCTOR:** Susan Micciché

**FEE:** \$21/\$24 non-residents

**DAY/DATE:** Thursday, 9/26/19

**TIME:** 6:30 - 8:00 PM

**PROGRAM #:** SM919AP

### INTRO TO FLY FISHING

If you have ever wanted to learn how to fly fish but didn't know how to get started, this course is for you. The Victor area has many opportunities for this exciting method of fishing for several species of warm and cold water fish. Taught by the local chapter of Trout Unlimited, this course will cover how fly fishing differs from bait and spin casting, the components of the fly fishing rig, what types of local fish you can catch fly fishing, types of flies that will catch fish and where to fly fish locally. We will also do a demonstration of fly casting and fly tying. You will also learn about the cold water conservation mission of Trout Unlimited. You must be registered to participate. Program is limited to 30 participants.

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh

**AGES:** Ages 16 and up

**INSTRUCTOR:** Canandaigua Lake Trout Unlimited

**FEE:** FREE (You must be registered to participate)

**DAY/DATE:** Tuesday 10/1/19

**TIMES:** 6:30 PM - 8:00 PM

**PROGRAM #:** TU1019FF

### ESOL: LEARNING ENGLISH FOR BEGINNERS

Learning to speak English as a second language; a course to improve or learn to converse in English. This course will teach useful strategies for listening, reading, writing, and communicating in English.

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing

**AGES:** Ages 15 - adult

**INSTRUCTOR:** Gloria Parker-Pies, ESOL Teacher

**FEE:** \$65/\$75 non-residents

**DAYS/TIMES:** Wednesdays, 6:00 - 7:30 PM

**DATES:** 10/2 - 11/13/19 (7 weeks)

**PROGRAM #:** GP1019E

### GUIDED WATERCOLOR PAINTING

Join us for one or more classes in this series of easy Fall themed paintings. You will return home with your own matted "masterpiece". Come and enjoy the luscious colors and relaxing process along the way. Previous experience is not required. All materials included. (Note: min class size = 6, come with your friends). Ms. Micciché received her degree in Art Education from Nazareth College of Rochester and studied painting and drawing at SUNY New Paltz. She is a member of the New York Figure Study Guild and has exhibited at the Center for High Falls, the Steve Carpenter Art Center and in the juried Park Ave Festival and Clothesline Art Shows. Ms. Micciché currently teaches joy in art in adult education venues locally.

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing

**AGES:** Teens and Adults (13 - 99)

**INSTRUCTOR:** Susan Micciché

**FEE:** \$21/\$24 non-residents per session

**DAY/TIME:** Mondays, 1:00 - 3:00 PM

**DATE:**

10/7/19

10/21/19

10/28/19

**PROGRAM #:**

SM1019W1

SM1019W2

SM1019W3

### BEGINNER UKULELE CLASS GROUP SESSION

Lessons, technique, and fun, plus a new ukulele. Session includes a beginner book and ukulele pick.

**LOCATION:** Victor Music Experience, 27 East Main Street, Victor

**AGES:** Adults 18 and over

**FEE:** \$140/\$150 includes new ukulele.

\* If you have your own ukulele discount \$20.

**DAYS/TIMES:** Tuesdays, 4:30 PM - 5:30 PM

**DATES:** 10/8 - 11/12/19

**PROGRAM #:** ME1019BU

### BEGINNER GUITAR CLASS GROUP SESSION

Guitar is fun and great way to enjoy and play music! Our workshop is for the beginner who has always wanted to learn the basics of guitar playing. We will teach you guitar basics, commonly used chords and get you started! Please bring your own guitar. Call us in advance if you are going to need one.

**LOCATION:** Victor Music Experience, 27 East Main Street, Victor

**AGES:** 10 and older

**FEE:** \$120/\$130 non-residents

**DAYS/TIMES:** Thursdays, 4:30 PM - 5:30 PM

**DATES:** 10/10 - 11/14/19

**PROGRAM #:** ME1019BG

#### Resident Registration Begins:

Friday, August 23, 2019

#### Non-residents Registration Begins:

Friday, August 30, 2019

Programs beginning before September 23, 2019 are open to everyone for registration NOW.

# Adult Programs

## INSTRUCTIONAL PROGRAMS

### VICTOR ART CLUB

Join other adults who want to share their talent, learn different techniques, meet new people, and grow the art community in Victor. The group meets once a month during the winter months and then every other Tuesday starting in March. During the meeting demonstrations are given in different disciplines and techniques. Enjoy the company of others who share your passion.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing  
**AGES:** Adults 18 and over  
**FEE:** FREE  
**DAYS/TIME:** Tuesdays, 6:00 – 7:30 PM  
**DATES:** First (1st) & Third (3rd) Tuesdays (March – November)  
First (1st) Tuesdays only (December – February)

### CHRISTMAS COOKIE DECORATION

Want to give a great gift created by your own hands? Learn easy techniques to make bright and whimsical cookies. You will have a new skill AND get to take home about a dozen of your decoration samples. Please bring \$5.00 to class for supplies fee that includes traveling tray.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing  
**AGES:** 16 and up  
**INSTRUCTOR:** Peggi Heissenberger  
**FEE:** \$20/\$23 non-residents  
plus \$5 supply fee payable to instructor at class  
**DAY/DATE:** Tuesday, 12/3/19  
**TIME:** 6:30 – 8:30 PM  
**PROGRAM #:** PH1219CC

### ELEGANT CHRISTMAS COOKIE DECORATING

In this class you will learn easy decorating techniques to create beautiful, elegant cookies that Tiffany's would be proud to sell. We will use soft colors and designs that look amazing. They taste great too! You will get to take home your work (about a dozen cookies.) They make a great hostess gift from your heart. Please bring \$5 to class for supplies fee that includes traveling tray.

**LOCATION:** Victor Parks & Recreation, 7891 Lehigh Crossing  
**AGES:** 16 and up  
**INSTRUCTOR:** Peggi Heissenberger  
**FEE:** \$20/\$23 non-residents  
plus \$5 supply fee payable to instructor at class  
**DAY/DATE:** Saturday, 12/7/19  
**TIME:** 1:00 – 3:30 PM  
**PROGRAM #:** PH1219EC



# Adult Programs

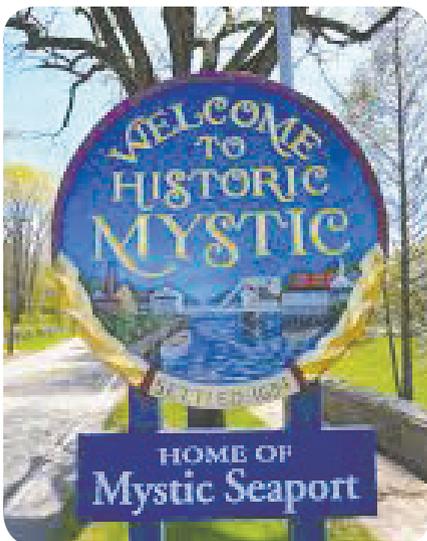
## DAY TRIPS AND TOURS

### THIS IS MYSTIC - OVERNIGHT

Join us as we discover all that the Mystic, CT area has to offer. Enjoy your stay at the Foxwoods Resort and Casino, a premiere resort destination in the Northeast. Foxwoods offer a vast array of gaming with 7 casinos, gourmet restaurants, and exclusive retailers. With visits to the Mystic Aquarium, Mystic, Seaport, and Mohegan Sun Casino included, this trip is full of adventures! **A \$75 deposit is due upon registration. Checks made out to "Covered Wagon Tours".** Full Payment is due on or before 9/11/19. For more information stop by for a flyer or call to have one emailed.

**LOCATION:** Depart Victor Presbyterian Church, 70 East Main Street  
**AGES:** Adults ages 18 and up  
**DAY/DATE:** Sunday, 10/27/19 – Tuesday, 10/29/19  
**TIME:** Sunday, 10:00 AM – Tuesday, 9:45PM  
**FEE:** **Please make checks payable to: Covered Wagon Tours.**  
\$499 Single  
\$419 Double  
\$399 Triple  
\$399 Quad

Includes round-trip transportation & gratuity for wait staff & motor coach driver.  
**PROGRAM #:** SR1019TM



# Senior Programs

## BRIDGE CLUB

Join our new group of bridge players. Intermediate and advanced players are welcome. Come by and enjoy the fun, no need to bring anything.

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing  
**AGES:** Adults age 55 and over  
**FEE:** Free, No pre-registration required  
**DAY/TIME:** Wednesdays, 12:30 – 2:30 PM  
**DATES:** Ongoing

## WII BOWLING

Get active with the Nintendo Wii Virtual Bowling system. Enjoy bowling fun without the heavy ball and stinky shoes. Come and experience all this popular game has to offer.

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing  
**AGES:** Adults age 55 and over  
**FEE:** Free, No pre-registration required  
**DAY/TIME:** Thursdays, 10:00 – 11:30 PM  
**DATES:** Ongoing

## ROCHESTER PUBLIC MARKET TRIPS

The fresh fall harvest is finally here. Join us as we enjoy all that the Rochester Public Market has to offer. You will be able to stock up on fresh vegetables, fish, breads, and many other interesting items. Enjoy the ride downtown and leave the driving to us.

**LOCATION:** Depart Victor Parks and Recreation, 7891 Lehigh Crossing  
**AGES:** Adults age 55 and over  
**FEE:** \$6/\$8 non-residents  
**TIMES:** 9:00 AM – 12:00 PM  
**DAY:** **DATE:** **PROGRAM:**  
Thursday 9/5/19 SR919PM  
Thursday 10/10/19 SR1019PM

## INTERMEDIATE PICKLEBALL INSTRUCTION AND PLAY

Pickleball is a cross between tennis and ping pong, and is one of the fastest growing new sports in the country. This class will instruct the participant on more advanced play of the game. Paddles and balls are provided. This class can be adapted for individuals with physical limitations or disabilities. Please call the office at 742-1040 if you need assistance with this program.

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing  
**AGES:** Adults age 55 and over  
**FEE:** \$25/\$30 non-residents, per 5 week session  
**DAY/TIME:** Tuesdays, 10:30 AM – 12:00 PM  
**SESSION:** **DATES:** **PROGRAM #:**  
Session I 9/10 – 10/8/19 SR919IP  
Session II 10/15 – 11/12/19 SR1019IP  
Session II 11/19 – 12/17/19 SR1119IP

## BEGINNER PICKLEBALL INSTRUCTION AND PLAY

Pickleball is a cross between tennis and ping pong, and is one of the fastest growing new sports in the country. This class will instruct the participant to the basics of the game including; rules, scoring, and developing the basic techniques of the swing. Paddles and balls are provided. This class can be adapted for individuals with physical limitations or disabilities. Please call the office at 742-1040 if you need assistance with this program.

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing  
**AGES:** Adults age 55 and over  
**FEE:** \$25/\$30 non-residents, per 5 week session  
**DAY/TIME:** Tuesdays, 12:00 – 1:30 PM  
**SESSION:** **DATES:** **PROGRAM #:**  
Session I 9/10 – 10/8/19 SR919BP  
Session II 10/15 – 11/12/19 SR1019BP  
Session II 11/19 – 12/17/19 SR1119BP

## SENIOR LUNCHEONS

Sign up and join us for lunch. Each lunch will have a speaker and great food.. Below are the dates for each month. Fee includes a delicious lunch, dessert, and drink!

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing  
**AGES:** 55 years and older  
**FEE:** \$5 per person  
**DAYS/TIMES:** Wednesdays, 12:00 – 1:00 PM  
**DATES:** **PROGRAM #:**  
9/18/19 SR919L  
10/16/19 SR1019L  
11/20/19 SR1119L  
12/18/19 SR1219L

## WALKING CLUB

Let's get out and walk. Getting out and walking is one of the best ways to get your exercise in. We will walk the trails around Victor and you will get a better idea of how great the trails are here on our hometown! Explore some trails that you may not have known even existed. Come dressed to walk and bring water and bug spray. Let's get active together!

**AGES:** Adults 55 and over  
**FEE:** \$2 per person  
**DAY/TIME:** Fridays, 10:00 AM START  
**DATES:** **LOCATIONS:** **PROGRAM #**  
Friday, 9/27/19 Auburn Trail SR919WC  
– Meet at Trail Main Street Fishers & park behind Fishers Fire Station  
Friday, 11/1/19 Lehigh Valley Trail SR1119WC  
– Meet at Victor Parks and Recreation, 7891 Lehigh Crossing

### Resident Registration Begins:

Friday, August 23, 2019

### Non-residents Registration Begins:

Friday, August 30, 2019

Programs beginning before September 23, 2019 are open to everyone for registration NOW.

# Senior Programs

## “OUT TO LUNCH BUNCH”

Join us as we take a break from life and enjoy lunch. We will be visiting restaurants in and around the Rochester area. You cover your lunch fee and we will worry about the transportation. Space is limited so sign up early.

**LOCATION:** Depart Victor Parks and Recreation,  
7891 Lehigh Crossing

**AGES:** Adults age 55 and over

**FEE:** \$6/\$8 non-residents  
plus your individual meal cost

| DAY:      | DATE:    | TIME:              | LOCATION:                    | PROG#:   |
|-----------|----------|--------------------|------------------------------|----------|
| Wednesday | 9/11/19  | 11:30AM – 1:30 PM  | Cracker Barrel, Henrietta    | SR919LB  |
| Friday    | 10/04/19 | 11:30 AM – 1:30 PM | Log Cabin, Macedon           | SR1019LB |
| Friday    | 11/15/19 | 11:30 AM – 1:30 PM | King and I (Thai), Rochester | R1119LB  |



## “EARLY BIRD DINNER CLUB

Join us as we visit local restaurants for their early bird dinners throughout the area. Please note that dinner prices are usually higher than our normal lunch outings. **Please note various departure times due to restaurant locations.**

**LOCATION:** Depart Victor Parks and Recreation, 7891 Lehigh Crossing

**AGES:** Adults age 55 and over

**FEE:** \$6/\$8 non-residents  
plus your individual meal cost

| DAY:  | DATES:   | TIME:          | LOCATION:                            | PROG#:   |
|---|----------|----------------|--------------------------------------|----------|
| Tuesday   | 9/17/19  | 4:00 – 7:30 PM | Olives Greek Taverna, Pittsford      | SR919EB  |
| <b>Please note Olives Greek only takes cash</b> |          |                |                                      |          |
| Tuesday   | 10/29/19 | 4:00 – 7:30 PM | Red Osier, Stafford                  | SR1019EB |
| Tuesday   | 11/19/19 | 3:45 – 7:30 PM | Red Fedeles Brookhouse,<br>Rochester | SR1119EB |



## ADULT PICKLEBALL - OPEN PLAY

We have added another time slot to have fun playing pickleball. Join others in playing and sharpening your racquet skills with friends!

**LOCATION:** Victor Parks and Recreation, 7891 Lehigh Crossing

**AGES:** Adults 55 and over

**FEE:** \$30/\$40 non-residents (10 week session)

**TIMES:** 10:00 AM -12:00 PM

**DAYS/DATES:** Fridays, 9/27 – 12/6/19 (no 11/29)

**PROGRAM #:** SR919FP

## A VISIT TO JOSEPH'S MARKET AND LUNCH AT THE VINEYARD

We will stop at the market for some shopping time, and then travel to the Vineyard for lunch.

**LOCATION:** Depart Victor Parks and Recreation, 7891 Lehigh Crossing

**AGES:** Adults age 55 and over

**FEE:** \$6/\$8 non-residents  
plus your individual meal cost

**DAY/DATE:** Tuesday, 10/8/19

**TIME:** 10:30 AM – 3:30 PM

**PROGRAM #:** SR 1019JM

## INTERESTING IN FORMING A CARD GROUP?



We would be happy to provide you space to play your card game.

We will even make the coffee! Call Jerry LaVigne at (585) 742-0144 for details.

# Senior Programs

## VICTOR PARKS AND RECREATION BIKE CLUB

Victor has some of the best multi use trails in the area. Like the Auburn Trail and the Lehigh Valley Trail. We will meet at Victor Parks and Recreation and then head out on one of the trails located adjacent to our Recreation Center. Bring your bike and helmet and sense of adventure.

**LOCATION:** Depart Victor Parks and Recreation,  
7891 Lehigh Crossing

**AGES:** Adults 55 and over

**FEE:** \$2 per person

**TIMES:** 10:00 AM start

**DAYS/DATES:** Friday, 10/11/19

**PROGRAM #:** SR1019BC

## LET'S DO A "MYSTERY LUNCH"

We will depart from the Recreation center for an afternoon of fun and food. You will be given clues regarding the lunch destination and you can try to figure it out before arriving.

**LOCATION:** Depart Victor Parks and Recreation,  
7891 Lehigh Crossing

**AGES:** Adults age 55 and over

**FEE:** \$6/\$8 non-residents

plus your individual meal cost

| DAY:      | DATES:   | TIME:              | PROG#:   |
|-----------|----------|--------------------|----------|
| Wednesday | 10/23/19 | 11:30 AM – 2:00 PM | SR1019ML |
| Monday    | 12/9/19  | 11:30 AM – 2:00 PM | SR1219ML |

## FALL FOLIAGE TOUR

Description: Come with your fellow seniors as we take a ride through the Finger Lakes Region view the beauty of Upstate New York in the fall. We will stop at J.J. Leisures in Lakeville for lunch.

**LOCATION:** Depart Victor Parks and Recreation,  
7891 Lehigh Crossing

**AGES:** Adults age 55 and over

**FEE:** \$6/\$8 non-residents

plus your individual meal cost

**DAY/DATE:** Friday, 10/18/19

**TIME:** 10:00 AM – 2:30 PM

**PROGRAM #:** SR1019FF

## WINE TASTING AND LUNCH ON CONESUS LAKE

Come and join us for a wine tasting at Deer Run Winery. After the tasting, we will have lunch at the Hook and Spoon Restaurant, located in the Conesus Lake.

**LOCATION:** Depart Victor Parks and Recreation,  
7891 Lehigh Crossing

**AGES:** Adults age 55 and over

**FEE:** \$6/\$8 non-residents

plus your individual meal cost

**DAY/DATE:** Wednesday, 11/6/19

**TIME:** 10:30 AM – 2:00 PM

**PROGRAM #:** SR1119WT

## SHOPPING AT THE CHRISTMAS TREE SHOP

We will travel to the Christmas Tree Shop to shop for the upcoming Christmas Holiday.

**LOCATION:** Depart Victor Parks and Recreation,  
7891 Lehigh Crossing

**AGES:** Adults age 55 and over

**FEE:** \$6/\$8 non-residents

**DAY/DATE:** Friday, 11/22/19

**TIME:** 9:30 AM – 12:30 PM

**PROGRAM #:** SR1119CT

## COFFEE AND DESSERT AT PHILLIPS EUROPEAN

Take a break from your busy schedule and enjoy a cup of coffee and a dessert.

**LOCATION:** Depart Victor Parks and Recreation,  
7891 Lehigh Crossing

**AGES:** Adults age 55 and over

**FEE:** \$6/\$8 non-residents

plus your individual meal cost

**DAYS/DATES:** Tuesday, 12/3/19

**TIME:** 1:30 – 4:00 PM

**PROGRAM#:** SR1219CD

## GINGERBREAD HOUSE DISPLAY AT THE GEORGE EASTMAN HOUSE

Come and view one of the Greater Rochester community's most beloved holiday traditions. A guided tour of the museum will be provided, and you can also view dozens of cleverly designed and deliciously decorated gingerbread houses.

**LOCATION:** Depart Victor Parks and Recreation,  
7891 Lehigh Crossing

**AGES:** Adults age 55 and over

**FEE:** \$6/\$8 non-residents

plus your individual meal cost and your \$13 Admission Fee

**DAY/DATE:** Wednesday, 12/4/19

**TIME:** 9:30 AM – 1:00 PM

**PROGRAM #:** SR1219GB

## HOLIDAY DINNER AND LIGHTS TOUR

We will have a quick bite to eat at Finns restaurant and then tour the neighborhoods throughout the area and view the beautiful holiday light displays. We recommend that participants dress warmly and comfortably. Trip is subject to cancellation due to adverse or unfavorable weather and road conditions.

**LOCATION:** Depart Victor Parks and Recreation,  
7891 Lehigh Crossing

**AGES:** Adults age 55 and over

**FEE:** \$6/\$8 non-residents

plus your individual meal cost

**DAY/DATE:** Monday, 12/16/19

**TIME:** 3:30 – 7:30 PM

**PROGRAM #:** SR1219HL

# REGISTRATION PROCEDURE

## How to Register

### Resident Registration Begins:

Friday, August 23, 2019

### Non-resident Registration Begins:

Friday, August 30, 2019

Programs beginning BEFORE September 23, 2019 are open to everyone for registration now.

### FOR REGISTRATION FORM SEE PAGE 38

Bring completed forms in person with cash, check, Visa, MasterCard, Discover Card or American Express Card during regular business hours. Monday thru Thursday 8:30 AM – 7:30 PM & Friday until 4:30 PM at 7891 Lehigh Crossing, Victor NY 14564

**Fax** a completed registration form (with payment information) to: (585) 742-0142

Scan a completed registration form (with payment information) and **email** the scan to: parksandrec@town-victor-ny.us

**REGISTER EARLY!** If a class does not meet its minimum requirements 1 week prior to start date, we will cancel the class

**REGISTER ON-LINE AT:** [www.victorny.org](http://www.victorny.org), click on the Parks & Rec tab and then choose Register Online. On-line registration may close out 1 week prior to the start date of the program.

## IMPORTANT REGISTRATION TIPS:

- Registrations forms may be photocopied.
- Be sure to fill out all information on your form.
- Assume you are enrolled unless you are notified by phone.
- Please sign the waiver on registration form.
- We recommend consulting with your physician prior to signing up for a program requiring physical exertion.

## PARTICIPANT CODE OF CONDUCT:

- We will always strive to provide a place where fun things happen.
- Should our friends not be able to have fun with others, we will discuss other leisure opportunities.

## PROGRAM FEES

Cash, Checks, Money Orders, Visa, MasterCard and Discover or American Express Cards are accepted. There is a non-refundable 2.65% fee or \$3.00 minimum charge for debit/credit cards.

## RETURN POLICY:

There will be a \$20.00 fee for any returned check.

## CANCELLATIONS AND REFUND POLICY:

- If a class is cancelled by our department a refund of the program cost will be provided
- You need to withdraw from a program **at least 5 business days** prior to the start of the program. A refund will be issued for the amount minus a \$5 processing fee.
- **NO** refunds will be issued once a program has started.

## TRANSFER POLICY

Requests to transfer from one program to another must be made prior to class start date.

## INCLEMENT WEATHER & PROGRAM STATUS INFORMATION

We strive to operate our programs regardless of weather – cancelling is our last resort. However:

- While most activities will be held despite the weather, schedules may change.
- Should lightning be a potential threat, outdoor activities may be moved indoors or cancelled, the Department of Parks and Recreation activities operated at Victor Central School District facilities will be cancelled if school facilities are closed.
- **When in doubt about program status, call the Department of Parks and Recreation at (585) (585) 742-0140.** Program supervisors, directors or instructors will provide information about possible make-up dates for cancelled sessions.

## 4 EASY WAYS TO REGISTER



**ONLINE**

[www.victorny.org](http://www.victorny.org)



**FAX**

**(585) 742-0142**



**7891 Lehigh Crossing  
Victor, NY 14564**

Dropbox located in the parking lot as well



**EMAIL**

[parksandrec@town-victor-ny.us](mailto:parksandrec@town-victor-ny.us)

Follow Us!

Follow us on Facebook, & Twitter @VictorParksRec for parks, programs and event photos and updates.





# GET OUT AND EXPLORE VICTOR'S PARKS

## PICNIC PLAY PACKS AVAILABLE

Let the **Department of Parks and Recreation** help you organize the field games for your next family gathering or party in the park! Our convenient Picnic Play Packs include a **variety of balls and sporting goods equipment, a bocce set and a set of horseshoes.** These are available for rental at the Parks and Recreation Department main office for \$15.00. Call (585) 742-0140 for availability.

## AUBURN TRAIL

This accessible trail has a stonedust surface, which is suitable for hiking, running, biking, snowshoeing, and cross country skiing. The trail is approximately ten miles in length and connects to the Towns of Pittsford and Farmington.

## BOUGHTON PARK

Stimie Road & Boughton Road

Located in the Town of East Bloomfield, Boughton Park is owned by Victor, East Bloomfield, and West Bloomfield. Run by an independent Board of Directors with representation from all three towns, the park covers 330 acres with 56 acres of ponds. Permits for the park can be obtained at Victor Town Clerks office, 85 East Main Street. Please bring proof of residency (NYS ID and car registration). The permits are free to Victor Residents.



**\*For lodge and shelter rentals please contact the Department of Parks and Recreation at (585) 742-0140.**

## DRYER ROAD PARK

7405 Dryer Road

This 132-acre park is the site of athletic fields and a box sports rink. There is a multiage playground for children, year-round restrooms facilities, and a picnic shelter, which is available for casual use or reservation. There are 15 miles of multi-use trails for a variety of skill levels and abilities. Please sign in at the trailhead kiosk and pick up a trail map prior to setting out to explore the trails. The park links Victor's Native American past with our future with pathways to Ganondagan State Historic Site. Trail maps can also be downloaded at [www.mygroc.com](http://www.mygroc.com) and [www.VictorNY.org](http://www.VictorNY.org).

## FISHERS PARK

7929 Main Street, Fishers

Located in the hamlet of Fishers, this 93 acre park is a diversity of passive and active recreation opportunities. Visitors can see a multitude of wildlife from deer, squirrels, and other woodland creatures to waterfowl and trout that spawn in the spring. Two tennis courts are available for the tennis players in your family. The extensive trail system is a great place to hike. Trails meander through the park across wooded ridges, through wetland areas, and along the banks of Irondequoit Creek. New acreage off Old Dutch Road provides you with many new trails with beautiful vistas. The extensive trail system is a great place to hike, snowshoe or cross-country ski.

## LEHIGH CROSSING PARK

7350 State Route 251

Lehigh Crossing Park is located off of Victor-Mendon Road (State Route 251) near Cork Road and Route 96. This 54 acre park plays host to several miles of multi-use trails, vehicle parking area and gazebo. With woods, wetlands and ponds located within this passive park, numerous birds, waterfowl and critters find this park an exceptional place to call home. Bring binoculars!

## LEHIGH VALLEY TRAIL

This accessible trail has a stonedust surface, which is suitable for hiking, running, biking, snowshoeing and cross country skiing. The Town's portion of the former Lehigh Valley Railroad corridor is approximately two miles in length and travels from the Auburn Trail Connection at Phillips Road to the Victor-Mendon town line. There are convenient parking areas located at road crossings.

## MARYFRANCES BLUEBIRD HAVEN

235 County Route 9

Located on Victor -Egypt Road (County Road 9), across from the Valentown Road intersection, this living classroom has an emphasis on preservation and restoration of New York State's official bird, the Bluebird. A one mile trail looped trail traverses the property through open fields and woods. This trail enables park visitors to see bluebirds in their natural habitat. The renovated Butler Cottage is available for family gatherings, parties or business meetings. Included is a newly constructed handicapped accessible fishing dock. For reservations, please contact the Department of Parks and Recreation at (585) 742-0140.

## VICTOR MUNICIPAL PARK

6680 Papparone Drive, off of Brace Road

Victor's newest park features a multi-age playground, enclosed lodge, picnic shelter, outdoor fitness stations, sand volleyball court, bocce ball court, horseshoe pits, stocked fishing pond and trails. The park bandshell and amphitheater host many special events including our summer concert series. For lodge and shelter rentals please contact the Department of Parks and Recreation at (585) 742-0140.

# Program Index

## ADULT PROGRAMS

|   |    |
|---|----|
| Adult Co-Ed Volleyball – Wednesday Nights (25 & Older)..... | 31 |
| Adult Learn To Skate.....                                   | 31 |
| Adult Pick-Up Basketball – Monday Nights (30 & Older).....  | 31 |
| Beginner Guitar Class Group Session.....                    | 32 |
| Beginner Ukulele Class Group Session.....                   | 32 |
| Christmas Cookie Decoration.....                            | 33 |
| Elegant Christmas Cookie Decorating.....                    | 33 |
| ESOL: Learning English for Beginners.....                   | 32 |
| Fitness Passes.....   | 30 |
| Guided Watercolor Painting.....                             | 32 |
| Intro to Acrylic Pouring.....                               | 32 |
| Intro to Fly Fishing.....                                   | 32 |
| Lap Swimming in the Early AM.....                           | 24 |
| This is Mystic – Overnight.....                             | 33 |
| Victor Art Club.....  | 33 |
| Zumba@.....   | 31 |

## AQUATICS PROGRAMS

|   |    |
|---|----|
| Fall Aquatic Programs.....                      | 23 |
| Genesee Valley Masters Swim Club.....           | 23 |
| Intro to Competitive Swim (Level 5 and Up)..... | 24 |
| Lap Swimming in the Early AM.....               | 24 |
| Learn to Swim (Intro to Level 1 – Level 4)..... | 24 |
| Parent & Me Swimming Instruction.....           | 23 |
| Tot Swimming Instruction.....                   | 23 |

## BASKETBALL PROGRAMS

|  |    |
|--|----|
| Basketball Skills and Drills.....                    | 25 |
| K-1 Hoops.....                                       | 27 |
| Youth Basketball League – 9th – 12th Grade Boys..... | 27 |
| Youth Basketball League (3rd & 4th Grade Boys).....  | 25 |
| Youth Basketball League (4th – 6th Grade Girls)..... | 26 |
| Youth Basketball League (5th & 6th Grade Boys).....  | 26 |
| Youth Drop-In Basketball 7th - 9th Grade Boys.....   | 27 |
| Youth Drop-In Basketball 7th - 9th Grade Girls.....  | 27 |

## FAMILY PROGRAMS

|   |    |
|---|----|
| Birthday Parties (May – June).....        | 7  |
| Community Chorus.....                     | 7  |
| Community Pops Band.....                  | 7  |
| Fall Guided Hike Series.....              | 8  |
| Learn to Skate Open House.....            | 7  |
| Letters to Santa.....                     | 8  |
| Open House Try Hockey Free for a Day..... | 8  |
| Victor Art Club.....                      | 33 |

## INCLUSIVE SERVICES PROGRAMS

|                                 |    |
|---------------------------------|----|
| Aloha Mixer.....                | 29 |
| Christmas Social.....           | 29 |
| Halloween Bash.....             | 29 |
| Ontario Arc Active Academy..... | 29 |
| What Is Ties?.....              | 28 |

## PRESCHOOL PROGRAMS

|                                 |    |
|---------------------------------|----|
| Baby Blades – Sundays.....      | 11 |
| Baby Blades – Thursdays.....    | 10 |
| Babysitters Training Class..... | 11 |
| Bumper Bowling.....             | 11 |
| Butterfly Kids Yoga.....        | 9  |

|  |    |
|--|----|
| Come-N-Play.....                           | 9  |
| Festive Art For Tots.....                  | 12 |
| Genuine Gymnastics.....                    | 10 |
| Genuine Gymnastics Advanced.....           | 10 |
| High-Five Fall Sports.....                 | 12 |
| High-Five Games.....                       | 9  |
| Home Alone Safety Class.....               | 11 |
| Intro to Ice Skating and Youth Hockey..... | 11 |
| Kings & Queens of the Court.....           | 12 |
| Little Dribblers.....                      | 9  |
| Little Striker Soccer Stars.....           | 12 |
| Once Upon a Tune Music Together@.....      | 11 |
| Peppy Pint Soccer.....                     | 9  |
| Peppy Pint Soccer Plus.....                | 12 |
| Super Sticks Lacrosse – Box Version.....   | 9  |
| Tot Horseback Riding Lessons.....          | 8  |
| Tumbling Tigers.....                       | 12 |

## PRETEEN & TEEN PROGRAMS

|   |    |
|---|----|
| 7th & 8th Grade Ski/Snowboard Club.....   | 22 |
| Adventure Club.....                       | 21 |
| Atomic Bowl.....                          | 22 |
| Beginner Guitar Class Group Session.....  | 22 |
| Both Teen Night & Atomic Bowl.....        | 22 |
| ESOL: Learning English for Beginners..... | 21 |
| Explore Bowhunting Youth Course.....      | 22 |
| Intro to Fly Fishing.....                 | 21 |
| Jump Spin and Spiral.....                 | 20 |
| Learn to Skate.....                       | 21 |
| Senior High Ski/Snowboard Club.....       | 23 |
| Teen Night.....                           | 22 |

## RECESS PROGRAMS

|   |    |
|---|----|
| Christmas Recess Days.....                    | 20 |
| Columbus Day.....                             | 19 |
| Fall Superintendent Conference Day.....       | 19 |
| Full Day Parent-Teacher Conference Day.....   | 19 |
| K-6Th Grade Half Days.....                    | 19 |
| Recess – Day Before Thanksgiving Holiday..... | 19 |
| Ski/Snowboard at Bristol Mountain.....        | 20 |
| Veterans Day.....                             | 19 |
| VRAP After School Program.....                | 13 |

## SENIOR PROGRAMS

|  |    |
|--|----|
| A Visit to Joseph's Market and Lunch at the Vineyard.....  | 35 |
| Adult Pickleball – Open Play.....                          | 35 |
| Beginner Pickleball Instruction and Play.....              | 34 |
| Bridge Club.....   | 34 |
| Coffee and Dessert at Phillips European.....               | 36 |
| Early Bird Dinner Club.....                                | 35 |
| Fall Foliage Tour.....                                     | 36 |
| Gingerbread House Display at the George Eastman House..... | 36 |
| Holiday Dinner and Lights Tour.....                        | 36 |
| Intermediate Pickleball Instruction and Play.....          | 34 |
| Let's do a "Mystery Lunch".....                            | 36 |
| "Out to Lunch Bunch".....                                  | 35 |
| Rochester Public Market Trips.....                         | 34 |
| Senior Luncheons.....                                      | 34 |
| Shopping At The Christmas Tree Shop.....                   | 36 |
| Victor Parks And Recreation Bike Club.....                 | 36 |

|   |    |
|---|----|
| Walking Club.....                           | 34 |
| Wii Bowling.....                            | 34 |
| Wine Tasting And Lunch On Conesus Lake..... | 36 |

## SPECIAL EVENTS

|  |   |
|--|---|
| 43rd Annual Hang Around Victor Day.....      | 4 |
| Breakfast With Santa And Friends.....        | 5 |
| Christmas In The Village Of Victor.....      | 6 |
| Dryer Road Park Campground.....              | 4 |
| Jack-O-Lantern Trail Event.....              | 4 |
| Ontario County Antique Toy Show/O.A.T.S..... | 5 |
| Veterans Appreciation Luncheon.....          | 5 |
| VPR Halloween Tailgate Trick Or Treat.....   | 5 |
| Wreaths Across America.....                  | 6 |

## TENNIS PROGRAMS

|   |    |
|---|----|
| Empire Tennis Academy –<br>Junior Entry Level Group Tennis Lessons..... | 30 |
|---|----|

## YOUTH PROGRAMS

|   |    |
|---|----|
| 4th – 6th Grade Ski/Snowboard Club.....                               | 18 |
| 7th & 8th Grade Ski/Snowboard Club.....                               | 18 |
| After School Art with Mr. Marshall.....                               | 14 |
| Beginner Guitar Class Group Session.....                              | 15 |
| Board Games.....  | 15 |
| Explore Archery - Beginner.....                                       | 17 |
| Fall Guided Hike Series.....  | 14 |
| Fitkids (Fencers in Training).....                                    | 17 |
| Game Inventor.....  | 15 |
| Girls Run Victor 8U.....  | 18 |
| Gym Games.....  | 14 |
| Holiday Broadway Bound –<br>Song & Dance Program with Mrs. Lewis..... | 17 |
| Horseback Riding Lessons.....   | 13 |
| Intro to Ice Skating and Youth Hockey.....                            | 16 |
| Jump Spin and Spiral.....   | 14 |
| K-1 Hoops.....  | 18 |
| K-2 Indoor Soccer.....  | 16 |
| Learn to Skate.....   | 15 |
| Lego After School Club.....   | 13 |
| Mini Makers Art Class.....  | 15 |
| Origami.....  | 16 |
| Paper Airplanes.....  | 14 |
| Paper Football.....   | 14 |
| Running Club Fall 2019.....   | 15 |
| Sous Chefs Halloween Treats.....                                      | 16 |
| Sous Chefs Healthy Thanksgiving Sides.....                            | 17 |
| Sous Chefs Holiday Cookies.....                                       | 18 |
| Sous Chefs Thanksgiving Desserts.....                                 | 17 |
| Sportastic.....   | 13 |
| Video Arcade.....   | 16 |
| VPR-RAP After School Program.....                                     | 13 |
| Youth Night.....  | 16 |

